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Analytical Mechanics. Phys 601

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Oscillations. Oscillations with friction.

- Oscillators:
  \[
  m \ddot{x} = -kx, \quad ml \ddot{\phi} = -mg \sin \phi \approx -mg \phi, \quad -L \ddot{Q} = \frac{Q}{C},
  \]
  All of these equation have the same form
  \[
  \ddot{x} = -\omega_0^2 x, \quad \omega_0^2 = \begin{cases} 
  \frac{k}{m} \\
  \frac{g}{l} \\
  \frac{1}{LC}
  \end{cases}, \quad x(t=0) = x_0, \quad v(t=0) = v_0.
  \]

- The solution
  \[
  x(t) = A \sin(\omega t) + B \cos(\omega t) = C \sin(\omega t + \phi), \quad B = x_0, \quad \omega A = v_0.
  \]

- Oscillates forever: \( C = \sqrt{A^2 + B^2} \) — amplitude; \( \phi = \tan^{-1}(A/B) \) — phase.

- Oscillations with friction:
  \[
  m \ddot{x} = -kx - \gamma \dot{x}, \quad -L \ddot{Q} = \frac{Q}{C} + R \dot{Q},
  \]
  Consider
  \[
  \ddot{x} = -\omega_0^2 x - 2\gamma \dot{x}, \quad x(t=0) = x_0, \quad v(t=0) = v_0.
  \]
  This is a linear equation with constant coefficients. We look for the solution in the form \( x = \Re C e^{i\omega t} \), where \( \omega \) and \( C \) are complex constants.

  \[
  \omega^2 - 2i\gamma \omega - \omega_0^2 = 0, \quad \omega = i\gamma \pm \sqrt{\omega_0^2 - \gamma^2}
  \]

  - Two solutions, two independent constants.
  - Two cases: \( \gamma < \omega_0 \) and \( \gamma > \omega_0 \).
  - In the first case (underdamping):
    \[
    x = e^{-\gamma t} \Re \left[ C_1 e^{i\Omega t} + C_2 e^{-i\Omega t} \right] = C e^{-\gamma t} \sin(\Omega t + \phi), \quad \Omega = \sqrt{\omega_0^2 - \gamma^2}
    \]
  Decaying oscillations. Shifted frequency.
  - In the second case (overdamping):
    \[
    x = Ae^{-\Gamma_- t} + Be^{-\Gamma_+ t}, \quad \Gamma_\pm = \gamma \pm \sqrt{\gamma^2 - \omega_0^2} > 0
    \]
  - For the initial conditions \( x(t=0) = x_0 \) and \( v(t=0) = 0 \) we find \( A = x_0 \frac{\Gamma_-}{\Gamma_+ - \Gamma_-} \), \( B = -x_0 \frac{\Gamma_+}{\Gamma_+ - \Gamma_-} \). For \( t \to \infty \) the \( B \) term can be dropped as \( \Gamma_+ > \Gamma_- \), then \( x(t) \approx x_0 \frac{\Gamma_-}{\Gamma_+ - \Gamma_-} e^{-\Gamma_- t} \).
  - At \( \gamma \to \infty, \Gamma_- \to \frac{\omega_0^2}{2\gamma} \to 0 \). The motion is arrested. The example is an oscillator in honey.
LECTURE 2
Oscillations with external force. Resonance.

2.1. Comments on dissipation.
• Time reversibility. A need for a large subsystem.
• Locality in time.

2.2. Resonance
• Let’s add an external force:
\[ \ddot{x} + 2\gamma \dot{x} + \omega_0^2 x = f(t), \quad x(t = 0) = x_0, \quad v(t = 0) = v_0. \]

• The full solution is the sum of the solution of the homogeneous equation with any solution of the inhomogeneous one. This full solution will depend on two arbitrary constants. These constants are determined by the initial conditions.

• Let’s assume, that \( f(t) \) is not decaying with time. The solution of the inhomogeneous equation also will not decay in time, while any solution of the homogeneous equation will decay. So in a long time \( t \gg 1/\gamma \) The solution of the homogeneous equation can be neglected. In particular this means that the asymptotic of the solution does not depend on the initial conditions.

• Let’s now assume that the force \( f(t) \) is periodic with some period. It then can be represented by a Fourier series. As the equation is linear the solution will also be a series, where each term corresponds to a force with a single frequency. So we need to solve

\[ \ddot{x} + 2\gamma \dot{x} + \omega_0^2 x = f \sin(\Omega f t), \]

where \( f \) is the force’s amplitude.

• Let’s look at the solution in the form \( x = f \Re C e^{i\Omega_f t}, \) and use \( \sin(\Omega f t) = \Re e^{i\Omega_f t} \). We then get

\[ C = \frac{1}{\omega_0^2 - \Omega_f^2 + 2i\gamma \Omega_f} = |C|e^{-i\phi}, \]

\[ |C| = \frac{1}{\left[(\Omega_f^2 - \omega_0^2)^2 + 4\gamma^2 \Omega_f^2\right]^{1/2}}, \quad \tan \phi = \frac{2\gamma \Omega_f}{\omega_0^2 - \Omega_f^2}, \]

\[ x(t) = f \Re |C| e^{i\Omega_f t + i\phi} = f |C| \sin(\Omega_f t - \phi), \]
Resonance frequency:
\[ \Omega'_f = \sqrt{\omega_0^2 - 2\gamma^2} \]
where \( \Omega = \sqrt{\omega_0^2 - \gamma^2} \) is the frequency of the damped oscillator.

Phase changes sign at \( \Omega'_f = \omega_0 > \Omega'_f \). Importance of the phase – phase shift.

To analyze resonant response we analyze \( |C|^2 \).

The most interesting case \( \gamma \ll \omega_0 \), then the response \( |C|^2 \) has a very sharp peak at \( \Omega_f \approx \omega_0 \):

\[
|C|^2 = \frac{1}{(\Omega_f^2 - \omega_0^2)^2 + 4\gamma^2 \Omega_f^2} \approx \frac{1}{4\omega_0^2 (\Omega_f - \omega_0)^2 + \gamma^2},
\]
so that the peak is very symmetric.

\( |C|^2_{\text{max}} \approx \frac{1}{4\gamma^2 \omega_0^2} \).

To find HWHM we need to solve \( (\Omega_f - \omega_0)^2 + \gamma^2 = 2\gamma^2 \), so HWHM = \( \gamma \), and FWHM = \( 2\gamma \).

\( Q \) factor (quality factor). The good measure of the quality of an oscillator is \( Q = \omega_0 / \text{FWHM} = \omega_0 / 2\gamma \). (decay time) = \( 1/\gamma \), period = \( 2\pi / \omega_0 \), so \( Q = \frac{\text{decay time}}{\text{period}} \).

For a grandfather’s wall clock \( Q \approx 100 \), for the quartz watch \( Q \sim 10^4 \).

2.3. Response.

Response. The main quantity of interest. What is “property”?

The equation
\[ \ddot{x} + 2\gamma \dot{x} + \omega_0^2 x = f(t). \]
The LHS is time translation invariant!

Multiply by \( e^{i\omega t} \) and integrate over time. Denote
\[ x_\omega = \int x(t) e^{i\omega t} dt. \]
Then we have
\[
(-\omega^2 - 2i\gamma \omega + \omega_0^2) x_\omega = \int f(t) e^{i\omega t} dt,
\]
so
\[ x_\omega = -\frac{\int f(t') e^{i\omega t'} dt'}{\omega^2 + 2i\gamma \omega - \omega_0^2}. \]

The inverse Fourier transform gives
\[ x(t) = \int \frac{d\omega}{2\pi} e^{-i\omega t} x_\omega = -\int f(t') dt' \int \frac{d\omega}{2\pi} \frac{e^{-i\omega(t-t')}}{\omega^2 + 2i\gamma \omega - \omega_0^2} = \int \chi(t-t') f(t')dt'. \]

Where the response function is \( (\gamma < \omega_0) \)

\[ \chi(t) = -\int \frac{d\omega}{2\pi} \frac{e^{-i\omega t}}{\omega^2 + 2i\gamma \omega - \omega_0^2} = \begin{cases} 
 e^{-\gamma |t| \sin(\sqrt{\omega_0^2 - \gamma^2}) \sqrt{\omega_0^2 - \gamma^2}}, & t > 0, \\
 0, & t < 0,
\end{cases} \]

Causality principle. Poles in the lower half of the complex \( \omega \) plane. True for any (linear) response function. The importance of \( \gamma > 0 \) condition.
Figure 1. Resonant response. For insert $Q = 50$. 
LECTURE 3


3.1. Mathematical preliminaries.

- Functions of many variables.
- Differential of a function of many variables.
- Examples.

3.2. Work.

- A work done by a force: \( \delta W = \vec{F} \cdot d\vec{r} \).
- Superposition. If there are many forces, the total work is the sum of the works done by each.
- Finite displacement. Line integral.

3.3. Change of kinetic energy.

- If a body of mass \( m \) moves under the force \( \vec{F} \), then.

\[
m \frac{d\vec{v}}{dt} = \vec{F}, \quad m\vec{v}\cdot d\vec{v} = \vec{F} \cdot \vec{v}dt = \vec{F} \cdot d\vec{r} = \delta W.
\]

So we have

\[
d\frac{mv^2}{2} = \delta W
\]

- The change of kinetic energy equals the total work done by all forces.


- Fundamental forces. Depend on coordinate, do not depend on time.
- Work done by the forces over a closed loop is zero.
- Work is independent of the path.
- Consider two paths: first \( dx \), then \( dy \); first \( dy \) then \( dx \)

\[
\delta W = F_x(x, y)dx + F_y(x + dx, y)dy = F_y(x, y)dy + F_x(x, y + dy)dx,
\]

\[
\left. \frac{\partial F_y}{\partial x} \right|_y = \left. \frac{\partial F_x}{\partial y} \right|_x.
\]
So a small work done by a conservative force:

\[ \delta W = F_x dx + F_y dy, \quad \frac{\partial F_y}{\partial x} = \frac{\partial F_x}{\partial y} \]

is a full differential!

\[ \delta W = -dU \]

It means that there is such a function of the coordinates \( U(x, y) \), that

\[ F_x = -\frac{\partial U}{\partial x}, \quad F_y = -\frac{\partial U}{\partial y}, \quad \text{or} \quad \vec{F} = -\nabla U. \]

So on a trajectory:

\[ d\left( \frac{mv^2}{2} + U \right) = 0, \quad K + U = \text{const.} \]

If the force \( \vec{F}(\vec{r}) \) is known, then there is a test for if the force is conservative.

\[ \nabla \times \vec{F} = 0. \]

In 1D the force that depends only on the coordinate is always conservative.

Examples.

In 1D in the case when the force depends only on coordinates the equation of motion can be solved in quadratures.

The number of conservation laws is enough to solve the equations.

If the force depends on the coordinate only \( F(x) \), then there exists a function — potential energy — with the following property

\[ F(x) = -\frac{\partial U}{\partial x} \]

Such function is not unique as one can always add an arbitrary constant to the potential energy.

The total energy is then conserved

\[ K + U = \text{const.}, \quad \frac{mv^2}{2} + U(x) = E \]

Energy \( E \) can be calculated from the initial conditions: \( E = \frac{mv_0^2}{2} + U(x_0) \)

The allowed areas where the particle can be are given by \( E - U(x) > 0 \).

Turning points. Prohibited regions.

Notice, that the equation of motion depends only on the difference \( E - U(x) = \frac{mv_0^2}{2} + U(x_0) - U(x) \) of the potential energies in different points, so the zero of the potential energy (the arbitrary constant that was added to the function) does not play a role.

We thus found that

\[ \frac{dx}{dt} = \pm \sqrt{\frac{2}{m} E - U(x)} \]

Energy conservation law cannot tell the direction of the velocity, as the kinetic energy depends only on absolute value of the velocity. In 1D it cannot tell which sign to use “+” or “−”. You must not forget to figure it out by other means.
We then can solve the equation

\[ \pm \sqrt{\frac{m}{2}} \frac{dx}{\sqrt{E - U(x)}} = dt, \quad t - t_0 = \pm \sqrt{\frac{m}{2}} \int_{x_0}^{x} \frac{dx'}{\sqrt{E - U(x')}} \]

Examples:
- Motion under a constant force.
- Oscillator.
- Pendulum.

Divergence of the period close to the maximum of the potential energy.
LECTURE 4
Central forces. Effective potential.

4.1. Spherical coordinates.

- The spherical coordinates are given by
  \[ x = r \sin \theta \cos \phi \]
  \[ y = r \sin \theta \sin \phi \]
  \[ z = r \cos \theta \]
- The coordinates \( r, \theta, \phi \), the corresponding unit vectors \( \hat{e}_r, \hat{e}_\theta, \hat{e}_\phi \).
- The vector \( d\vec{r} \) is then
  \[ d\vec{r} = \hat{e}_r dr + \hat{e}_\theta r d\theta + \hat{e}_\phi r \sin \theta d\phi. \]
  \[ d\vec{r} = \hat{e}_x dx + \hat{e}_y dy + \hat{e}_z dz \]
- Imagine now a function of coordinates \( U \). We want to find the components of a vector \( \hat{\nabla} U \) in the spherical coordinates.
- Consider a function \( U \) as a function of Cartesian coordinates: \( U(x, y, z) \). Then
  \[ dU = \frac{\partial U}{\partial x} dx + \frac{\partial U}{\partial y} dy + \frac{\partial U}{\partial z} dz = \hat{\nabla} U \cdot d\vec{r}. \]
  \[ \hat{\nabla} U = \frac{\partial U}{\partial x} \hat{e}_x + \frac{\partial U}{\partial y} \hat{e}_y + \frac{\partial U}{\partial z} \hat{e}_z \]
• On the other hand, like any vector we can write the vector $\vec{\nabla} U$ in the spherical coordinates.

$$\vec{\nabla} U = (\vec{\nabla} U)_r \vec{e}_r + (\vec{\nabla} U)_\theta \vec{e}_\theta + (\vec{\nabla} U)_\phi \vec{e}_\phi,$$

where $(\vec{\nabla} U)_r$, $(\vec{\nabla} U)_\theta$, and $(\vec{\nabla} U)_\phi$ are the components of the vector $\vec{\nabla} U$ in the spherical coordinates. It is those components that we want to find

• Then

$$dU = \vec{\nabla} U \cdot d\vec{r} = (\vec{\nabla} U)_r dr + (\vec{\nabla} U)_\theta r d\theta + (\vec{\nabla} U)_\phi r \sin \theta d\phi$$

• On the other hand if we now consider $U$ as a function of the spherical coordinates $U(r, \theta, \phi)$, then

$$dU = \frac{\partial U}{\partial r} dr + \frac{\partial U}{\partial \theta} d\theta + \frac{\partial U}{\partial \phi} d\phi$$

• Comparing the two expressions for $dU$ we find

$$(\vec{\nabla} U)_r = \frac{\partial U}{\partial r},$$

$$(\vec{\nabla} U)_\theta = \frac{1}{r} \frac{\partial U}{\partial \theta},$$

$$(\vec{\nabla} U)_\phi = \frac{1}{r \sin \theta} \frac{\partial U}{\partial \phi}.$$ 

• In particular

$$\vec{F} = -\vec{\nabla} U = -\frac{\partial U}{\partial r} \vec{e}_r - \frac{1}{r} \frac{\partial U}{\partial \theta} \vec{e}_\theta - \frac{1}{r \sin \theta} \frac{\partial U}{\partial \phi} \vec{e}_\phi.$$ 

### 4.2. Central force

• Consider a motion of a body under central force. Take the origin in the center of force.

• A central force is given by

$$\vec{F} = F(r) \vec{e}_r.$$ 

• Such force is always conservative: $\vec{\nabla} \times \vec{F} = 0$, so there is a potential energy:

$$\vec{F} = -\vec{\nabla} U = -\frac{\partial U}{\partial r} \vec{e}_r, \quad \frac{\partial U}{\partial \theta} = 0, \quad \frac{\partial U}{\partial \phi} = 0,$$

so that potential energy depends only on the distance $r$, $U(r)$.

• The torque of the central force $\tau = \vec{r} \times \vec{F} = 0$, so the angular momentum is conserved: $\vec{J} = \text{const.}$

• The motion is all in one plane! The plane which contains the vector of the initial velocity and the initial radius vector.

• We take this plane as $x - y$ plane.

• The angular momentum is $\vec{J} = J \vec{e}_z$, where $J = |\vec{J}| = \text{const.}$. This constant is given by initial conditions $J = m|\vec{r}_0 \times \vec{v}_0|$.

$$mr^2 \dot{\phi} = J, \quad \dot{\phi} = \frac{J}{mr^2}.$$ 

• In the $x - y$ plane we can use the polar coordinates: $r$ and $\phi$.

• The velocity in these coordinates is

$$\vec{v} = \dot{r} \vec{e}_r + r \dot{\phi} \vec{e}_\phi = \dot{r} \vec{e}_r + \frac{J}{mr} \vec{e}_\phi.$$
• The kinetic energy then is
\[ K = \frac{m\vec{v}^2}{2} = \frac{m\dot{r}^2}{2} + \frac{J^2}{2mr^2} \]

• The total energy then is
\[ E = K + U = \frac{m\dot{r}^2}{2} + \frac{J^2}{2mr^2} + U(r). \]

• If we introduce the effective potential energy
\[ U_{\text{eff}}(r) = \frac{J^2}{2mr^2} + U(r), \]
then we have
\[ \frac{m\dot{r}^2}{2} + U_{\text{eff}}(r) = E, \quad m\ddot{r} = -\frac{\partial U_{\text{eff}}}{\partial r}. \]

• This is a one dimensional motion which was solved before.

4.3. Kepler orbits.

Historically, the Kepler problem — the problem of motion of the bodies in the Newtonian gravitational field — is one of the most important problems in physics. It is the solution of the problems and experimental verification of the results that convinced the physics community in the power of Newton’s new math and in the correctness of his mechanics. For the first time people could understand the observed motion of the celestial bodies and make accurate predictions. The whole theory turned out to be much simpler than what existed before.

• In the Kepler problem we want to consider the motion of a body of mass \( m \) in the gravitational central force due to much larger mass \( M \).

• As \( M \gg m \) we ignore the motion of the larger mass \( M \) and consider its position fixed in space (we will discuss what happens when this limit is not applicable later).

• The force that acts on the mass \( m \) is given by the Newton’s law of gravity:
\[ \vec{F} = -\frac{GmM}{r^3}\hat{r} = -\frac{GmM}{r^2}\vec{e}_r, \]
where \( \vec{e}_r \) is the direction from \( M \) to \( m \).

• The potential energy is then given by
\[ U(r) = -\frac{GMm}{r}, \quad -\frac{\partial U}{\partial r} = -\frac{GmM}{r^2}, \quad U(r \to \infty) \to 0. \]
The effective potential is
\[ U_{\text{eff}}(r) = \frac{J^2}{2mr^2} - \frac{GMm}{r}, \]
where \( J \) is the angular momentum.

- For the Coulomb potential we will have the same \( r \) dependence, but for the like charges the sign in front of the last term is different — repulsion.
- In case of attraction for \( J \neq 0 \) the function \( U_{\text{eff}}(r) \) always has a minimum for some distance \( r_0 \). It has no minimum for the repulsive interaction.
- Looking at the graph of \( U_{\text{eff}}(r) \) we see, that
  - for the repulsive interaction there can be no bounded orbits. The total energy \( E \) of the body is always positive. The minimal distance the body may have with the center is given by the solution of the equation \( U_{\text{eff}}(r_{\text{min}}) = E \).
  - for the attractive interaction if \( E > 0 \), then the motion is not bounded. The minimal distance the body may have with the center is given by the solution of the equation \( U_{\text{eff}}(r_{\text{min}}) = E \).
  - for the attractive for \( U_{\text{eff}}(r_{\text{min}}) = E \), the only solution is \( r = r_0 \). So the motion is around the circle with fixed radius \( r_0 \). For such motion we must have

\[ \frac{mv^2}{r_0} = \frac{GmM}{r_0^2}, \quad \frac{J^2}{mr_0^3} = \frac{GmM}{r_0^2}, \quad r_0 = \frac{J^2}{Gm^2M} \]

and
\[ U_{\text{eff}}(r_0) = E = \frac{mv^2}{2} - \frac{GmM}{r_0} = -\frac{1}{2} \frac{GmM}{r_0} \]
these results can also be obtained from the equation on the minimum of the effective potential energy \( \frac{\partial U_{\text{eff}}}{\partial r} = 0 \).

- In the motion the angular momentum is conserved and all motion happens in one plane.
- In that plane we describe the motion by two time dependent polar coordinates \( r(t) \) and \( \phi(t) \). The dynamics is given by the angular momentum conservation and the effective equation of motion for the \( r \) coordinate

\[ \dot{\phi} = \frac{J}{mr^2(t)}, \quad m\ddot{r} = -\frac{\partial U_{\text{eff}}(r)}{\partial r}. \]

- For now I am not interested in the time evolution and only want to find the trajectory of the body. This trajectory is given by the function \( r(\phi) \). In order to find it I will use the trick we used before

\[ \frac{dr}{dt} = \frac{d\phi}{dt} \frac{dr}{d\phi} = \frac{J}{mr^2(t)} \frac{dr}{d\phi} = -\frac{J}{m} \frac{d(1/r)}{d\phi}, \quad \frac{d^2r}{dt^2} = -\frac{J^2}{m^2r^2} \frac{d^2(1/r)}{d\phi^2} \]

- On the other hand

\[ \frac{\partial U_{\text{eff}}}{\partial r} = -\frac{J^2}{m} (1/r)^3 + GMm (1/r)^2. \]
Now I denote $u(\phi) = 1/r(\phi)$ and get

$$-\frac{J^2}{m}u^2 \frac{d^2u}{d\phi^2} = \frac{J^2}{m}u^3 - GMm u^2$$

or

$$u'' = -u + \frac{GMm^2}{J^2}$$
LECTURE 5
Kepler orbits continued

- We stopped at the equation
  \[ u'' = -u + \frac{GMm^2}{J^2} \]
- The general solution of this equation is
  \[ u = \frac{GMm^2}{J^2} + A \cos(\phi - \phi_0) \]
- We can put \( \phi_0 = 0 \) by redefinition. So we have
  \[ \frac{1}{r} = \gamma + A \cos \phi, \quad \gamma = \frac{GMm^2}{J^2} \]
  If \( \gamma = 0 \) this is the equation of a straight line in the polar coordinates.
- A more conventional way to write the trajectory is
  \[ \frac{1}{r} = \frac{1}{c} \left( 1 + \epsilon \cos \phi \right), \quad c = \frac{J^2}{GMm^2} = \frac{1}{\gamma} \]
  where \( \epsilon > 0 \) is dimensionless number – eccentricity of the ellipse, while \( c \) has a dimension of length
- We see that
  - If \( \epsilon < 1 \) the orbit is periodic.
  - If \( \epsilon < 1 \) the minimal and maximal distance to the center — the perihelion and aphelion are at \( \phi = 0 \) and \( \phi = \pi \) respectively.
  \[ r_{\text{min}} = \frac{c}{1 + \epsilon}, \quad r_{\text{max}} = \frac{c}{1 - \epsilon} \]
If \( \epsilon > 1 \), then the trajectory is unbounded.

- If we know \( c \) and \( \epsilon \) we know the orbit, so we must be able to find out \( J \) and \( E \) from \( c \) and \( \epsilon \). By definition of \( c \) we find \( J^2 = cGMm^2 \). In order to find \( E \), we notice, that at \( r = r_{\text{min}} \), \( \dot{r} = 0 \), so at this moment \( v = r_{\text{min}}\dot{\phi} = J/mr_{\text{min}} \), so the kinetic energy \( K = mv^2/2 = J^2/2mr_{\text{min}}^2 \), the potential energy is \( U = -GmM/r_{\text{min}} \). So the total energy is

\[
E = K + U = -\frac{1 - \epsilon^2}{2} \frac{GmM}{c}, \quad J^2 = cGMm^2, \]

Indeed we see, that if \( \epsilon < 1 \), \( E < 0 \) and the orbit is bounded.

- The ellipse can be written as

\[
\frac{(x + d)^2}{a^2} + \frac{y^2}{b^2} = 1,
\]

with

\[
a = \frac{c}{1 - \epsilon^2}, \quad b = \frac{c}{\sqrt{1 - \epsilon^2}}, \quad d = a\epsilon, \quad b^2 = ac.
\]

- One can check, that the position of the large mass \( M \) is one of the focuses of the ellipse — NOT ITS CENTER!

- This is the first Kepler’s law: all planets go around the ellipses with the sun at one of the foci.

5.1. Kepler’s second law

The conservation of the angular momentum reads

\[
\frac{1}{2} r^2 \dot{\phi} = \frac{J}{2m}.
\]

We see, that in the LHS rate at which a line from the sun to a comet or planet sweeps out area:

\[
\frac{dA}{dt} = \frac{J}{2m}.
\]

This rate is constant! So

- Second Kepler’s law: A line joining a planet and the Sun sweeps out equal areas during equal intervals of time.

5.2. Kepler’s third law

Consider now the closed orbits only. There is a period \( T \) of the rotation of a planet around the sun. We want to find this period.

The total area of an ellipse is \( A = \pi ab \), so as the rate \( dA/dt \) is constant the period is

\[
T = \frac{A}{dA/dt} = \frac{2\pi abm}{J},
\]

Now we square the relation and use \( b^2 = ac \) and \( c = \frac{J^2}{Gm^2} \) to find

\[
T^2 = 4\pi^2 \frac{m^2}{J^2} a^3 c = \frac{4\pi^2}{GM} a^3
\]

Notice, that the mass of the planet and its angular momentum canceled out! so
Third Kepler’s law: For all bodies orbiting the sun the ration of the square of the period to the cube of the semimajor axis is the same.

This is one way to measure the mass of the sun. For all planets one plots the cube of the semimajor axes as $x$ and the square of the period as $y$. One then draws a straight line through all points. The slope of that line is $GM/4\pi^2$.

5.3. Another way

Another way to solve the problem is starting from the following equations:

$$\dot{\phi} = \frac{J}{mr^2(t)}, \quad \frac{m\dot{r}^2}{2} + U_{eff}(r) = E$$

For now I am not interested in the time evolution and only want to find the trajectory of the body. This trajectory is given by the function $r(\phi)$. In order to find it I will express $\dot{r}$ from the second equation and divide it by $\dot{\phi}$ from the first. I then find

$$\frac{\dot{r}}{\phi} = \frac{dr}{d\phi} = r^2 \sqrt{\frac{2m}{J^2} \sqrt{E - U_{eff}(r)}}$$

or

$$\frac{J}{\sqrt{2m} r^2 \sqrt{E - U_{eff}(r)}} \frac{dr}{d\phi} = d\phi, \quad \frac{J}{\sqrt{2m}} \int r^2 \sqrt{E - U_{eff}(r')} dr' = \int d\phi$$

The integral becomes a standard one after substitution $x = 1/r$.

5.4. Conserved Laplace-Runge-Lenz vector $\vec{A}$

The Kepler problem has an interesting additional symmetry. This symmetry leads to the conservation of the Laplace-Runge-Lenz vector $\vec{A}$. If the gravitational force is $\vec{F} = -\frac{k}{r^2} \hat{e}_r$, then we define:

$$\vec{A} = \vec{p} \times \vec{J} - mk\hat{e}_r,$$

where $\vec{J} = \vec{r} \times \vec{p}$ This vector can be defined for both gravitational and Coulomb forces: $k > 0$ for attraction and $k < 0$ for repulsion.

An important feature of the “inverse square force” is that this vector is conserved. Let’s check it. First we notice, that $\vec{J} = 0$, so we need to calculate:

$$\dot{\vec{A}} = \dot{\vec{p}} \times \vec{J} - mk\dot{\hat{e}}_r$$

Now using

$$\dot{\vec{p}} = \vec{F}, \quad \dot{\hat{e}}_r = \vec{\omega} \times \hat{e}_r = \frac{1}{mr^2} \vec{J} \times \hat{e}_r$$

We then see

$$\dot{\vec{A}} = \vec{F} \times \vec{J} - \frac{k}{r^2} \vec{J} \times \hat{e}_r = \left(\vec{F} + \frac{k}{r^2} \hat{e}_r\right) \times \vec{J} = 0$$

So this vector is indeed conserved.

The question is: Is this conservation of vector $\vec{A}$ an independent conservation law? If it is the three components of the vector $\vec{A}$ are three new conservation laws. And the answer is that not all of it.
• As \( \vec{J} = \vec{r} \times \vec{p} \) is orthogonal to \( \vec{e}_r \), we see, that \( \vec{J} \cdot \vec{A} = 0 \). So the component of \( \vec{A} \) perpendicular to the plane of the planet rotation is always zero.

• Now let’s calculate the magnitude of this vector

\[
\vec{A} \cdot \vec{A} = p^2 J^2 - (\vec{p} \cdot \vec{J})^2 + m^2 k^2 - 2mk \vec{e}_r \cdot [\vec{p} \times \vec{J}] = p^2 J^2 + m^2 k^2 - \frac{2mk}{r} \vec{J} \cdot [\vec{r} \times \vec{p}]
\]

\[
= 2m \left( \frac{p^2}{2m} - \frac{k}{r} \right) J^2 + m^2 k^2 = 2mE J^2 + m^2 k^2 = \epsilon^2 k^2 m^2.
\]

So we see, that the magnitude of \( \vec{A} \) is not an independent conservation law.

• We are left with only the direction of \( \vec{A} \) within the orbit plane. Let’s check this direction. As the vector is conserved we can calculate it in any point of orbit. So let’s consider the perihelion. At perihelion \( \vec{p}_{per} \perp \vec{r}_{per} \perp \vec{J} \), where the subscript \( per \) means the value at perihelion. So simple examination shows that \( \vec{A} \mid_{per} = (p_{per} J - mk) \vec{e}_{per} \). However, vector \( \vec{A} \) is a constant of motion, so if it has this magnitude and direction in one point it will have the same magnitude and direction at all points! On the other hand \( J = p_{per} r_{per} \), so

\[
\vec{A} = mr_{min}(2 \frac{p_{per}^2}{2m} \frac{k}{r_{min}}) \vec{e}_{per} = mr_{min}(2 K_{per} + U_{per}) .
\]

We know that \( r_{min} = \frac{c}{1 + \epsilon} \), \( K_{per} = \frac{1}{2} \frac{k}{c} (1 + \epsilon)^2 \) and \( U_{per} = \frac{k}{c} (1 + \epsilon) \). So

\[
\vec{A} = m k \epsilon \vec{e}_{per}.
\]

We see, that for Kepler orbits \( \vec{A} \) points to the point of the trajectory where the planet or comet is the closest to the sun.

• So we see, that \( \vec{A} \) provides us with only one new independent conserved quantity.

5.4.1. Kepler orbits from \( \vec{A} \)

The existence of an extra conservation law simplifies many calculations. For example we can derive equation for the trajectories without solving any differential equations. Let’s do just that.

Let’s derive the equation for Kepler orbits (trajectories) from our new knowledge of the conservation of the vector \( \vec{A} \).

\[
\vec{r} \cdot \vec{A} = \vec{r} \cdot [\vec{p} \times \vec{J}] - mkr = J^2 - mkr.
\]

On the other hand

\[
\vec{r} \cdot \vec{A} = r A \cos \theta, \quad \text{so} \quad r A \cos \theta = J^2 - mkr.
\]

Or

\[
\frac{1}{r} = \frac{mk}{J^2} \left( 1 + \frac{A}{mk} \cos \theta \right), \quad c = \frac{J^2}{mk}, \quad \epsilon = \frac{A}{mk}.
\]

5.5. Bertrand’s theorem

Bertrand’s theorem states that among central force potentials with bound orbits, there are only two types of central force potentials with the property that all bound orbits are also closed orbits:
LECTURE 5. KEPLER ORBITS CONTINUED

(a) an inverse-square central force such as the gravitational or electrostatic potential

\[ V(r) = \frac{-k}{r}, \]

(b) the radial harmonic oscillator potential

\[ V(r) = \frac{1}{2} kr^2. \]

The theorem was discovered by and named for Joseph Bertrand. The proof can be found here: [https://en.wikipedia.org/wiki/Bertrand%27s_theorem](https://en.wikipedia.org/wiki/Bertrand%27s_theorem)
LECTURE 6
Scattering cross-section.

• Set up of a scattering problem. Experiment, detector, etc.
• Energy. Impact parameter. The scattering angle. Impact parameter as a function of the scattering angle $\rho(\theta)$.
• Flux of particle. Same energy, different impact parameters, different scattering angles.
• The scattering problem, $n$ — the flux, number of particles per unit area per unit time. $dN$ the number of particles scattered between the angles $\theta$ and $\theta + d\theta$ per unit time. A suitable quantity do describe the scattering

\[ d\sigma = \frac{dN}{n}. \]

It has the units of area and is called differential cross-section.
• If we know the function $\rho(\theta)$, then only the particles which are in between $\rho(\theta)$ and $\rho(\theta + d\theta)$ are scattered at the angle between $\theta$ and $\theta + d\theta$. So $dN = n2\pi\rho d\rho$, or

\[ d\sigma = 2\pi\rho d\rho = 2\pi\rho \left| \frac{d\rho}{d\theta} \right| d\theta \]

(The absolute value is needed because the derivative is usually negative.)
• Often $d\sigma$ refers not to the scattering between $\theta$ and $\theta + d\theta$, but to the scattering to the solid angle $d\omega = 2\pi \sin \theta d\theta$. Then

\[ d\sigma = \frac{\rho}{\sin \theta} \left| \frac{d\rho}{d\theta} \right| d\omega \]

Examples
• Cross-section for scattering of particles from a perfectly rigid sphere of radius $R$.
  – The scattering angle $\theta = 2\phi$.
  – $R \sin \phi = \rho$, so $\rho = R \sin(\theta/2)$.
  –

\[ \sigma = \frac{\rho}{\sin \theta} \left| \frac{d\rho}{d\theta} \right| d\omega = \frac{1}{4} R^2 d\omega \]

  – Independent of the incoming energy. The scattering does not probe what is inside.
The total cross-section area is
\[ \sigma = \int d\sigma = \frac{1}{4} R^2 2\pi \int_0^\pi \sin \theta d\theta = \pi R^2. \]

- Cross-section for scattering of particles from a spherical potential well of depth \( U_0 \) and radius \( R \).
  - Energy conservation
    \[ \frac{mv_0^2}{2} = \frac{mv^2}{2} - U_0, \quad v = v_0 \sqrt{1 + \frac{2U_0}{mv_0^2}} = v_0 \sqrt{1 + U_0/E}. \]
  - Angular momentum conservation
    \[ v_0 \sin \alpha = v \sin \beta, \quad \sin \alpha = n(E) \sin \beta, \quad n(E) = \sqrt{1 + U_0/E}. \]
  - Scattering angle
    \[ \theta = 2(\alpha - \beta). \]
  - Impact parameter
    \[ \rho = R \sin \alpha. \]
  - So we have
    \[ \frac{\rho}{R} = n \sin(\alpha - \theta/2) = n \sin \alpha \cos(\theta/2) - n \cos \alpha \sin(\theta/2) = n \frac{\rho}{R} \cos(\theta/2) - n \sqrt{1 - \rho/R \sin(\theta/2)} = n \frac{\rho}{R} \cos(\theta/2) - n \sqrt{1 - \frac{\rho}{R} \sin(\theta/2)} \]
    \[ \rho^2 = R^2 \frac{n^2 \sin^2(\theta/2)}{1 + n^2 - 2n \cos(\theta/2)}. \]
  - The differential cross-section is
    \[ d\sigma = \frac{R^2 n^2}{4 \cos(\theta/2)} \frac{(n \cos(\theta/2) - 1)(n - \cos(\theta/2))}{(1 + n^2 - 2n \cos(\theta/2))^2} d\omega. \]
  - Differential cross-section depends on \( E/U_0 \), where \( E \) is the energy of incoming particles. By measuring this dependence we can find \( U_0 \) from the scattering.
  - The scattering angle changes from 0 (\( \rho = 0 \)) to \( \theta_{\text{max}} \), where \( \cos(\theta_{\text{max}}) = 1/n \) (for \( \rho = R \)). The total cross-section is the integral
    \[ \sigma = \int_0^{\theta_{\text{max}}} d\sigma = \pi R^2. \]
    It does not depend on energy or \( U_0 \).
- Return to the rigid sphere but with \( U_0 \).
Consider the scattering of a particle of initial velocity $v_\infty$ from the central force given by the potential energy $U(r)$.

- The energy is
  \[ E = \frac{mv_\infty^2}{2}. \]

- The angular momentum is given by
  \[ L_\phi = mv_\infty \rho, \]

  where $\rho$ is the impact parameter.

- The trajectory is given by
  \[ \pm(\phi - \phi_0) = \frac{L_\phi}{\sqrt{2m}} \int_{r_0}^{r} \frac{1}{r^2} \sqrt{E - U_{\text{eff}}(r)} dr, \quad U_{\text{eff}}(r) = U(r) + \frac{L_\phi^2}{2mr^2} \]

where $r_0$ and $\phi_0$ are some distance and angle on the trajectory.

At some point the particle is at the closest distance $r_0$ to the center. The angle at this point is $\phi_0$ (the angle at the initial infinity is zero.) Let’s find the distance $r_0$. As the energy and the angular momentum are conserved and at the closest point the velocity is perpendicular to the radius we have

\[ E = \frac{mv_0^2}{2} + U(r_0), \quad L_\phi = mr_0 v_0. \]

so we find that the equation for $r_0$ is

\[ U_{\text{eff}}(r_0) = E. \]

This is, of course, obvious from the picture of motion in the central field as a one dimensional motion in the effective potential $U_{\text{eff}}(r)$.

The angle $\phi_0$ is then given by

\[ \phi_0 = \frac{L_\phi}{\sqrt{2m}} \int_{r_0}^{\infty} \frac{1}{r^2} \sqrt{E - U_{\text{eff}}(r)} dr. \]

From geometry the scattering angle $\theta$ is given by the relation

\[ \pi - \theta + 2\phi_0 = 2\pi. \]
So we see, that for a fixed $v_0$ the energy $E$ is given, but the angular momentum $L_\phi$ depends on the impact parameter $\rho$. The equation (7.1) then gives the dependence of $\phi_0$ on $\rho$. Then the equation (7.2) gives the dependence of the scattering angle $\theta$ on the impact parameter $\rho$. If we know that dependence, we can calculate the scattering cross-section.

$$d\sigma = \frac{\rho}{\sin \theta} \left| \frac{d\rho}{d\theta} \right| d\omega$$

Example: Coulomb interaction. Let’s say that we have a repulsive Coulomb interaction

$$U = \frac{\alpha}{r}, \quad \alpha > 0$$

In this case the geometry gives

$$\theta = 2\phi_0 - \pi.$$ 

Let’s calculate $\phi_0$

$$\phi_0 = \frac{L_\phi}{\sqrt{2m}} \int_{r_0}^{\infty} \frac{1}{r^2} \sqrt{\frac{r^2}{E - \frac{\alpha}{r} - \frac{L_\phi^2}{2m^2}}} \, dr$$

where $r_0$ is the value of $r$, where the expression under the square root is zero.

Let’s take the integral

$$\int_{r_0}^{\infty} \frac{1}{r^2} \sqrt{\frac{r^2}{E - \frac{\alpha}{r} - \frac{L_\phi^2}{2m^2}}} \, dr = \int_{0}^{1/r_0} \frac{dx}{\sqrt{E - \alpha x - x^2 \frac{L_\phi^2}{2m}}} = \int_{0}^{1/r_0} \frac{dx}{\sqrt{E + \frac{\alpha^2 m^2}{2L_\phi^2} - \frac{L_\phi^2}{2m} (x + \frac{\alpha m}{L_\phi})^2}}$$

changing $\sqrt{\frac{2mE}{L_\phi^2} + \frac{\alpha^2 m^2}{L_\phi^2}} \sin \psi = x + \frac{\alpha m}{L_\phi}$ we find that the integral is

$$\int_{0}^{\pi/2} \frac{2m}{L_\phi^2} \int_{\psi_1}^{\pi/2} d\psi,$$

where $\sin(\psi_1) = \frac{\alpha m}{L_\phi} \left( \frac{2mE}{L_\phi^2} + \frac{\alpha^2 m^2}{L_\phi^2} \right)^{-1/2}$. So we find that

$$\phi_0 = \frac{\pi}{2} - \psi_1$$

or

$$\cos \phi_0 = \sin \psi_1 = \frac{\alpha m}{L_\phi} \left( \frac{2mE}{L_\phi^2} + \frac{\alpha^2 m^2}{L_\phi^2} \right)^{-1/2}.$$

Using $L_\phi = \rho \sqrt{2mE}$ this gives

$$\sin \frac{\theta}{2} = \frac{\alpha}{2E} \left( \rho^2 + \frac{\alpha^2}{4E^2} \right)^{-1/2}$$

or

$$\frac{\alpha^2}{4E^2} \cot^2 \frac{\theta}{2} = \rho^2.$$
The differential cross-section then is
\[ d\sigma = \frac{d\rho^2}{d\theta} \frac{1}{2\sin \theta} d\omega = \left( \frac{\alpha}{4E} \right)^2 \frac{1}{\sin^4(\theta/2)} d\omega \]

- Notice, that the total cross-section diverges at small scattering angles.

Discussion.
- The beam. How do you characterize it?
- The statistics. What is measured?
- The beam again. Interactions.
- The forward scattering diverges.
- The cut off of the divergence is given by the size of the atom.
- Back scattering. Almost no dependence on \( \theta \).
- Energy dependence \( 1/E^2 \).
- Plot \( d\sigma \) as a function of \( 1/(4E)^2 \), expect a straight line at large \( 1/(4E)^2 \).
- The slope of the line gives \( \alpha^2 \).
- What is the behavior at very large \( E \)? What is the crossing point?
- The crossing point tells us the size of the nucleus \( d\sigma = \frac{R^2}{4} d\omega \).
- How much data we need to collect to get certainty of our results?
8.1. Difference between functions and functionals.

8.2. Examples of functionals.

- Area under the graph.
- Length of a path. Invariance under reparametrization.

It is important to specify the space of functions.

- Energy of a horizontal sting in the gravitational field.
- General form \[ L(x, y, y', y'', \ldots) \, dx. \] Important: In function \( L \) the \( y, y', y'' \) and so on are independent variables. It means that we consider a function \( L(x, z_1, z_2, z_3, \ldots) \) of normal variables \( x, z_1, z_2, z_3, \ldots \) and for any function \( y(x) \) at some point \( x \) we calculate \( y(x), y'(x), y''(x), \ldots \) and plug \( x \) and these values instead of \( z_1, z_2, z_3, \ldots \) in \( L(x, z_1, z_2, z_3, \ldots) \). We do that for all points \( x \), and then do the integration.
- Value at a point as functional. The functional which for any function returns the value of the function at a given point.
- Functions of many variables. Area of a surface. Invariance under reparametrization.

8.3. Discretization. Functionals as functions.

8.4. Minimization problem

- Minimal distance between two points.
- Minimal potential energy of a string.
- etc.

8.5. The Euler-Lagrange equations

- The functional \[ A[y(x)] = \int_{x_1}^{x_2} L(y(x), y'(x), x) \, dx \] with the boundary conditions \( y(x_1) = y_1 \) and \( y(x_2) = y_2 \).
- The problem is to find a function \( y(x) \) which is the stationary “point” of the functional \( A[y(x)] \).
- Derivation of the Euler-Lagrange equation.
The Euler-Lagrange equation reads
\[ \frac{d}{dx} \frac{\partial L}{\partial y'} = \frac{\partial L}{\partial y}. \]

8.6. Examples

- Shortest path \( \int_{x_1}^{x_2} \sqrt{1 + (y')^2} dx \), \( y(x_1) = y_1 \), and \( y(x_2) = y_2 \).

The Euler-Lagrange equation is
\[ \frac{d}{dx} \sqrt{1 + (y')^2} = 0, \quad \frac{y'}{\sqrt{1 + (y')^2}} = \text{const.}, \quad y'(x) = \text{const.}, \quad y = ax + b. \]

The constants \( a \) and \( b \) should be computed from the boundary conditions \( y(x_1) = y_1 \) and \( y(x_2) = y_2 \).

- Shortest time to fall – Brachistochrone.
  - What path the rail should be in order for the car to take the least amount of time to go from point \( A \) to point \( B \) under gravity if it starts with zero velocity.
  - Let’s take the coordinate \( x \) to go straight down and \( y \) to be horizontal, with the origin in point \( A \).
  - The boundary conditions: for point \( A \): \( y(0) = 0 \); for point \( B \): \( y(x_B) = y_B \).
  - The time of travel is
  \[ T = \int \frac{ds}{v} = \int_0^{x_B} \sqrt{\frac{1 + (y')^2}{2gx}} \, dx. \]

- We have
\[ L(y, y', x) = \frac{\sqrt{1 + (y')^2}}{\sqrt{2gx}}, \quad \frac{\partial L}{\partial y} = 0, \quad \frac{\partial L}{\partial y'} = \frac{1}{\sqrt{2gx}} \sqrt{1 + (y')^2}. \]

- The Euler-Lagrange equation is
\[ \frac{d}{dx} \left( \frac{y'}{\sqrt{x(1 + (y')^2)}} \right) = 0, \quad \frac{1}{x} \frac{(y')^2}{1 + (y')^2} = \frac{1}{2a}, \quad y'(x) = \sqrt{\frac{x}{2a - x}}. \]

- So the path is given by
\[ y(x) = \int_0^x \sqrt{\frac{x'}{2a - x'}} \, dx'. \]

- The integral is taken by substitution \( x = a(1 - \cos \theta) \). It then becomes \( a \int (1 - \cos \theta) d\theta = a(\theta - \sin \theta) \). So the path is given by the parametric equations
\[ x = a(1 - \cos \theta), \quad y = a(\theta - \sin \theta). \]

The constant \( a \) must be chosen such, that the point \( x_B, y_B \) is on the path.
LECTURE 9
Euler-Lagrange equation continued.

9.1. Reparametrization

The form of the Euler-Lagrange equation does not change under the reparametrization.
Consider a functional and corresponding E-L equation

$$A = \int_{x_1}^{x_2} L(y(x), y'_x(x), x) dx,$$
$$\frac{d}{dx} \frac{\partial L}{\partial y'} = \frac{\partial L}{\partial y(x)}$$

Let's consider a new parameter $\xi$ and the function $x(\xi)$ converts one old parameter $x$ to another $\xi$. The functional

$$A = \int_{x_1}^{x_2} L(y(x), y'_x(x), x) dx = \int_{\xi_1}^{\xi_2} \left( y(\xi), y'_\xi d\xi dx, x \right) \frac{dx}{d\xi} d\xi,$$

where $y(\xi) \equiv y(x(\xi))$. So that

$$L_\xi = L \left( y(\xi), y'_\xi \frac{d\xi}{dx}, x \right) \frac{dx}{d\xi}$$

The E-L equation then is

$$\frac{d}{d\xi} \frac{\partial L_\xi}{\partial y'} = \frac{\partial L_\xi}{\partial y(\xi)}$$

Using

$$\frac{\partial L_\xi}{\partial y'_\xi} = \frac{dx}{d\xi} \frac{\partial L}{\partial y'} = \frac{\partial L}{\partial y(x)}, \quad \frac{\partial L_\xi}{\partial y(\xi)} = \frac{dx}{d\xi} \frac{\partial L}{\partial y(x)}$$

we see that E-L equation reads

$$\frac{d}{d\xi} \frac{\partial L}{\partial y'_x} = \frac{dx}{d\xi} \frac{\partial L}{\partial y(x)}, \quad \frac{d}{dx} \frac{\partial L}{\partial y'_x} = \frac{\partial L}{\partial y(x)}$$

So we return back to the original form of the E-L equation.

What we found is that E-L equations are invariant under the parameter change.
9.2. The Euler-Lagrange equations, for many variables.

9.3. Problems of Newton laws.

- Not invariant when we change the coordinate system:
  \[
  \text{Cartesian: } \begin{cases}
    m\ddot{x} = F_x \\
    m\ddot{y} = F_y
  \end{cases},
  \text{ Cylindrical: } \begin{cases}
    m(\ddot{r} - r\ddot{\phi}^2) = F_r \\
    m(r\ddot{\phi} + 2\dot{r}\dot{\phi}) = F_\phi
  \end{cases}.
  \]

- Too complicated, too tedious. Consider two pendulums.
- Difficult to find conservation laws.
- Symmetries are not obvious.

9.4. Newton second law as Euler-Lagrange equations


LECTURE 10
Lagrangian mechanics.

For each conservative mechanical system there exists a functional, called action, which is minimal on the solution of the equation of motion.

10.2. Lagrangian.
Lagrangian is not energy. We do not minimize energy. We minimize action.

10.3. Examples.
- Free fall.
- A mass on a stationary wedge. No friction.
- A mass on a moving wedge. No friction.
- A pendulum.
- A bead on a vertical rotating hoop.
  - Lagrangian.
    \[ L = \frac{m}{2} R^2 \dot{\theta}^2 + \frac{m}{2} \Omega^2 R^2 \sin^2 \theta - mrR(1 - \cos \theta). \]
  - Equation of motion.
    \[ R\ddot{\theta} = (\Omega^2 R \cos \theta - g) \sin \theta. \]
   There are four equilibrium points
   \[ \sin \theta = 0, \quad \text{or} \quad \cos \theta = \frac{g}{\Omega^2 R} \]
   - Critical \( \Omega_c \). The second two equilibriums are possible only if
     \[ \frac{g}{\Omega^2 R} < 1, \quad \Omega > \Omega_c = \sqrt{g/R}. \]
   - Effective potential energy for \( \Omega \sim \Omega_c \). From the Lagrangian we can read the effective potential energy:
     \[ U_{eff}(\theta) = -\frac{m}{2} \Omega^2 R^2 \sin^2 \theta + mrR(1 - \cos \theta). \]
Assuming $\Omega \sim \Omega_c$ we are interested only in small $\theta$. So

$$U_{\text{eff}}(\theta) \approx \frac{1}{2}mR^2(\Omega_c^2 - \Omega^2)\theta^2 + \frac{3}{4!}mR^2\Omega_c^2\theta^4$$

$$U_{\text{eff}}(\theta) \approx mR^2\Omega_c(\Omega_c - \Omega)\theta^2 + \frac{3}{4!}mR^2\Omega_c^2\theta^4$$

- Spontaneous symmetry breaking. Plot the function $U_{\text{eff}}(\theta)$ for $\Omega < \Omega_c$, $\Omega = \Omega_c$, and $\Omega > \Omega_c$. Discuss universality.

- Small oscillations around $\theta = 0$, $\Omega < \Omega_c$

$$mR^2\ddot{\theta} = -mR^2(\Omega_c^2 - \Omega^2)\theta, \quad \omega = \sqrt{\Omega_c^2 - \Omega^2}.$$ 

- Small oscillations around $\theta_0$, $\Omega > \Omega_c$. 

$$U_{\text{eff}}(\theta) = -\frac{m}{2}\Omega^2R^2\sin^2\theta + mR(1 - \cos\theta),$$

$$\frac{\partial U_{\text{eff}}}{\partial \theta} = -mR(\Omega^2R\cos\theta - g)\sin\theta, \quad \frac{\partial^2 U_{\text{eff}}}{\partial \theta^2} = mR^2\Omega^2\sin\theta - mR\cos\theta(\Omega^2R\cos\theta - g)$$

$$\left. \frac{\partial U_{\text{eff}}}{\partial \theta} \right|_{\theta = \theta_0} = 0, \quad \left. \frac{\partial^2 U_{\text{eff}}}{\partial \theta^2} \right|_{\theta = \theta_0} = mR^2(\Omega^2 - \Omega_c^2)$$

So the Taylor expansion gives

$$U_{\text{eff}}(\theta \sim \theta_0) \approx \text{const} + \frac{1}{2}mR^2(\Omega^2 - \Omega_c^2)(\theta - \theta_0)^2$$

The frequency of small oscillations then is

$$\omega = \sqrt{\Omega^2 - \Omega_c^2}.$$ 

- The effective potential energy for small $\theta$ and $|\Omega - \Omega_c|$

$$U_{\text{eff}}(\theta) = \frac{1}{2}a(\Omega_c - \Omega)\theta^2 + \frac{1}{4}b\theta^4.$$ 

- $\theta_0$ for the stable equilibrium is given by $\partial U_{\text{eff}}/\partial \theta = 0$

$$\theta_0 = \left\{ \begin{array}{ll}
0 & \text{for } \Omega < \Omega_c \\
\sqrt{\frac{a}{b}(\Omega - \Omega_c)} & \text{for } \Omega > \Omega_c
\end{array} \right.$$ 

Plot $\theta_0(\Omega)$. Non-analytic behavior at $\Omega_c$.

- Response: how $\theta_0$ responses to a small change in $\Omega$.

$$\frac{\partial \theta_0}{\partial \Omega} = \left\{ \begin{array}{ll}
0 & \text{for } \Omega < \Omega_c \\
\frac{1}{2}\sqrt{\frac{a}{b}\frac{1}{(\Omega - \Omega_c)}} & \text{for } \Omega > \Omega_c
\end{array} \right.$$ 

Plot $\frac{\partial \theta_0}{\partial \Omega}$ vs $\Omega$. The response diverges at $\Omega_c$.

- A double pendulum.
- Choosing the coordinates.
- Potential energy.
- Kinetic energy. Normally, most trouble for students.

11.2. Generalized momentum.

- For a coordinate $q$ the generalized momentum is defined as
  \[ p \equiv \frac{\partial L}{\partial \dot{q}} \]

- For a particle in a potential field $L = \frac{m\dot{r}^2}{2} - U(\vec{r})$ we have
  \[ \vec{p} = \frac{\partial L}{\partial \dot{\vec{r}}} = m\vec{\dot{r}} \]

- For a rotation around a fixed axis $L = \frac{I\dot{\phi}^2}{2} - U(\phi)$, then
  \[ p = \frac{\partial L}{\partial \dot{\phi}} = I\dot{\phi} = J. \]

The generalized momentum is just an angular momentum.


If one chooses the coordinates in such a way, that the Lagrangian does not depend on say one of the coordinates $q_1$ (but it still depends on $\dot{q}_1$), then the corresponding generalized momentum $p_1 = \frac{\partial L}{\partial \dot{q}_1}$ is conserved as
\[
\frac{d}{dt}p_1 = \frac{d}{dt} \frac{\partial L}{\partial \dot{q}_1} = \frac{\partial L}{\partial q_1} = 0
\]

- Problem of a freely horizontally moving cart of mass $M$ with hanged pendulum of mass $m$ and length $l$. 
11.4. Momentum conservation. Translation invariance

Let’s consider a translationally invariant problem. For example all interactions depend only on the distance between the particles. The Lagrangian for this problem is \( L(\vec{r}_1, \ldots \vec{r}_i, \dot{\vec{r}}_1, \ldots \dot{\vec{r}}_i) \). Then we add a constant vector \( \epsilon \) to all coordinate vectors and define \( L_{\epsilon}(\vec{r}_1, \ldots \vec{r}_i, \dot{\vec{r}}_1, \ldots \dot{\vec{r}}_i, \vec{\epsilon}) \equiv L(\vec{r}_1 + \vec{\epsilon}, \ldots \vec{r}_i + \vec{\epsilon}, \dot{\vec{r}}_1, \ldots \dot{\vec{r}}_i) \).

It is clear, that in the translationally invariant system the Lagrangian will not change under such a transformation. So we find
\[
\frac{\partial L_{\epsilon}}{\partial \vec{\epsilon}} = 0.
\]

But according to the definition
\[
\frac{\partial L_{\epsilon}}{\partial \vec{\epsilon}} = \sum_i \frac{\partial L}{\partial \vec{r}_i}.
\]

On the other hand the Lagrange equations tell us that
\[
\sum_i \frac{\partial L}{\partial \vec{r}_i} = \frac{d}{dt} \sum_i \frac{\partial L}{\partial \dot{\vec{r}}_i} = \frac{d}{dt} \sum \vec{p}_i,
\]
so
\[
\frac{d}{dt} \sum \vec{p}_i = 0, \quad \sum \vec{p}_i = \text{const}.
\]

We see, that the total momentum of the system is conserved!

11.5. Noether’s theorem

Let’s assume that the Lagrangian has a one parameter continuous symmetry. Namely \( L(q, \dot{q}, t) = L(h_{\epsilon}q, h_{\dot{q}}q, t) \), where \( h_{\epsilon} \) is some symmetry transformation which depends on the parameter \( \epsilon \). Then using notations \( Q(\epsilon, t) = h_{\epsilon}q(t) \) we find \( \partial_{\epsilon}L(Q, \dot{Q}, t) = 0 \). On the other hand
\[
\partial_{\epsilon}L(Q, \dot{Q}, t) = \frac{d}{dt} \sum \frac{\partial L}{\partial \dot{Q}} = \frac{d}{dt} \sum \vec{p}_i,
\]
so
\[
\frac{d}{dt} \sum \vec{p}_i = 0, \quad \sum \vec{p}_i = \text{const}.
\]

We see, that the total momentum of the system is conserved!

Examples:

- Momentum conservation: \( \vec{r} \to \vec{r} + \epsilon \vec{e}_\epsilon \). The Noether’s theorem gives
  \[
  \frac{\partial L}{\partial \vec{e}_\epsilon} = \vec{p} \cdot \vec{e}_\epsilon = \text{const}.
  \]

- Angular momentum: \( \vec{r} \to \vec{r} + d\phi \vec{e}_\phi \times \vec{r} \). The Noether’s theorem gives
  \[
  \frac{\partial L}{\partial \vec{e}_\phi} = \vec{p} \cdot (\vec{e}_\phi \times \vec{r}) = \vec{e}_\phi \cdot (\vec{r} \times \vec{p})
  \]

Consider a Lagrangian, which does not depend on time explicitly: \( L(q, \dot{q}) \). Let’s compare the value of the action

\[
A = \int_{t_1}^{t_2} L(q, \dot{q}) \, dt, \quad q(t_1) = q_1, \quad q(t_2) = q_2
\]

with the value of the action

\[
A_\epsilon = \int_{t_1 + \epsilon}^{t_2 + \epsilon} L(Q, \dot{Q}) \, dt, \quad Q(t_1 + \epsilon) = q_1, \quad Q(t_2 + \epsilon) = q_2
\]

on the functions \( q(t) \) and \( Q(t) = q(t - \epsilon) \). It is clear, that if \( q \) satisfies the boundary conditions, then so does \( Q(t) \). Then by changing the variables of integration we find, that the value of the action is the same for both functions and does not depend on \( \epsilon \). So in this case \( \partial_\epsilon A_\epsilon|_{\epsilon=0} = 0 \). On the other hand

\[
\partial_\epsilon A_\epsilon|_{\epsilon=0} = L|_{t_2} - L|_{t_1} + \int_{t_1}^{t_2} \left( \frac{\partial L}{\partial Q} \frac{\partial Q}{\partial \epsilon} + \frac{\partial L}{\partial \dot{Q}} \frac{\partial \dot{Q}}{\partial \epsilon} \right)_{\epsilon=0} \, dt =
\]

\[
L|_{t_2} - L|_{t_1} + \int_{t_1}^{t_2} \frac{d}{dt} \left( \frac{\partial L}{\partial Q} \frac{\partial Q}{\partial \epsilon} \right)_{\epsilon=0} + \int_{t_1}^{t_2} \left( \frac{\partial L}{\partial \dot{Q}} - \frac{d}{dt} \frac{\partial L}{\partial \dot{Q}} \right)_{\epsilon=0} \frac{\partial Q}{\partial \epsilon}_{|_{\epsilon=0}} \, dt
\]

If we now consider the value of the action on the solutions of the Lagrange equations, then we see, that the last term is zero. We also can substitute \( q \) and \( \dot{q} \) instead of \( Q \) and \( \dot{Q} \), and \( -\dot{q} = \frac{\partial Q}{\partial \epsilon}|_{\epsilon=0} \). We then find:

\[
\left( \frac{\partial L}{\partial \dot{q}} \dot{q} - L \right)|_{t_2} = \left( \frac{\partial L}{\partial \dot{q}} \dot{q} - L \right)|_{t_1}
\]

As times \( t_1 \) and \( t_2 \) are arbitrary, then we conclude, that

\[
E = \frac{\partial L}{\partial \dot{q}} \dot{q} - L
\]

is a conserved quantity. It’s called energy.

Example:

- \( L = \frac{m \dot{\vec{r}}^2}{2} - U(\vec{r}) \).
- A particle on a circle.
- A pendulum.
- A cart with a pendulum.
- A string with tension and gravity.
Lecture 12
Lagrangian’s equations for magnetic forces.

The equation of motion is

\[ m\ddot{\vec{r}} = q(\vec{E} + \dot{\vec{r}} \times \vec{B}) \]

The question is what Lagrangian gives such equation of motion?

Consider the magnetic field. As there is no magnetic charges one of the Maxwell equations reads

\[ \nabla \cdot \vec{B} = 0 \]

This equation is satisfied by the following solution

\[ \vec{B} = \nabla \times \vec{A}, \]

for any vector field \( \vec{A}(\vec{r}, t) \).

For the electric field another Maxwell equation reads

\[ \nabla \times \vec{E} = -\frac{\partial \vec{B}}{\partial t} \]

we see that then

\[ \vec{E} = -\nabla \phi - \frac{\partial \vec{A}}{\partial t}, \]

where \( \phi \) is the electric potential.

The vector potential \( \vec{A} \) and the potential \( \phi \) are not uniquely defined. One can always choose another potential

\[ \vec{A'} = \vec{A} + \nabla F, \quad \phi' = \phi - \frac{\partial F}{\partial t} \]

Such fields are called gauge fields, and the transformation above is called gauge transformation. Such fields cannot be measured.

Notice, that if \( \vec{B} \) and \( \vec{E} \) are zero, the gauge fields do not have to be zero. For example if \( \vec{A} \) and \( \phi \) are constants, \( \vec{B} = 0, \vec{E} = 0 \).

Now we can write the Lagrangian:

\[ L = \frac{m\dot{\vec{r}}^2}{2} - q(\phi - \dot{\vec{r}} \cdot \vec{A}) \]

- It is impossible to write the Lagrangian in terms of the physical fields \( \vec{B} \) and \( \vec{E} \)!
The expression
\[ \phi dt - d\vec{r} \cdot \vec{A} \]
is a full differential if and only if
\[ -\nabla \phi - \frac{\partial \vec{A}}{\partial t} = 0, \quad \nabla \times \vec{A} = 0, \]
which means that it is full differential, and hence can be thrown out, only if the physical fields are zero!
The generalized momenta are
\[ \vec{p} = \frac{\partial L}{\partial \dot{\vec{r}}} = m\dot{\vec{r}} + q\vec{A} \]
The Lagrange equations are:
\[ \frac{d}{dt} \vec{p} = \frac{\partial L}{\partial \vec{r}} \]
Let’s consider the x component
\[ m\ddot{x} + q\dot{x}\frac{\partial A_x}{\partial x} + q\dot{y}\frac{\partial A_y}{\partial x} + q\dot{z}\frac{\partial A_z}{\partial x} \]
\[ m\ddot{x} = q \left( \frac{\partial \phi}{\partial x} - \frac{\partial A_x}{\partial t} + \dot{y} \left[ \frac{\partial A_y}{\partial x} - \frac{\partial A_x}{\partial y} \right] - \dot{z} \left[ \frac{\partial A_z}{\partial x} - \frac{\partial A_x}{\partial z} \right] \right) \]
\[ m\ddot{x} = q \left( E_x + \dot{y}B_z - \dot{z}B_y \right) \]
LECTURE 13
Hamiltonian and Hamiltonian equations.


Given a Lagrangian $L(\{q_i\}, \{\dot{q}_i\})$ the energy

$$E = \sum_i p_i \dot{q}_i - L, \quad p_i = \frac{\partial L}{\partial \dot{q}_i}$$

is a number defined on a trajectory! One can say that it is a function of initial conditions.

We can construct a function function in the following way: we first solve the set of equations

$$p_i = \frac{\partial L}{\partial \dot{q}_i}$$

with respect to $\dot{q}_i$, we then have these functions

$$\dot{q}_i = \dot{q}_i(\{q_j\}, \{p_j\})$$

and define a function $H(\{q_i\}, \{p_i\})$

$$H(\{q_i\}, \{p_i\}) = \sum_i p_i \dot{q}_i(\{q_j\}, \{p_j\}) - L(\{q_i\}, \{\dot{q}_i(\{q_j\}, \{p_j\})\})$$

This function is called a Hamiltonian!

The importance of variables:
- A Lagrangian is a function of generalized coordinates and velocities: $q$ and $\dot{q}$.
- A Hamiltonian is a function of the generalized coordinates and momenta: $q$ and $p$.

Here are the steps to get a Hamiltonian from a Lagrangian

(a) Write down a Lagrangian $L(\{q_i\}, \{\dot{q}_i\})$ – it is a function of generalized coordinates and velocities $q_i$, $\dot{q}_i$

(b) Find generalized momenta

$$p_i = \frac{\partial L}{\partial q_i}.$$

(c) Treat the above definitions as equations and solve them for all $\dot{q}_i$, so for each velocity $\dot{q}_i$ you have an expression $\dot{q}_i = \dot{q}_i(\{q_j\}, \{p_j\})$. 
(d) Substitute these function \( \dot{q}_i = \dot{q}_i(\{q_j\}, \{p_j\}) \) into the expression
\[
\sum_i p_i \dot{q}_i - L(\{q_i\}, \{\dot{q}_i\}).
\]
The resulting function \( H(\{q_i\}, \{p_i\}) \) of generalized coordinates and momenta is called a Hamiltonian.

13.2. Examples.
- A particle in a potential field.
- Kepler problem.
- Motion in electromagnetic field.
- Rotation around a fixed axis.
- A pendulum.
- A cart and a pendulum.
- New notation for the partial derivatives. What do we keep fixed?
- Derivation of the Hamiltonian equations.
\[
\dot{q} = \frac{\partial H}{\partial p}, \quad \dot{p} = -\frac{\partial H}{\partial q}.
\]
- Energy conservation.
- Velocity.
- \( H(p, x) = \sqrt{m^2 c^4 + p^2 c^2} + U(x) \).

- Motion in the phase space.
- Trajectories do not intersect. (Singular points)
- Harmonic oscillator.
- Pendulum.

13.4. From Hamiltonian to Lagrangian.
LECTURE 14
Liouville’s theorem. Poisson brackets.

14.1. Liouville’s theorem.

Let’s consider a more general problem. Let’s say that the dynamics of $n$ variables is given by $n$ equations

$$\dot{\vec{x}} = \vec{f}(\vec{x}).$$

These equations provide a map from any point $\vec{x}(t = 0)$ to some other point $\vec{x}(t)$ in our space in a latter time. This way we say, that there is a map $g^t : \vec{x}(0) \rightarrow \vec{x}(t)$. We can use this map, to map an original region $D(0)$ in $\vec{x}$ space to another region $D(t)$ at a later time $D(t) = g^tD(0)$. The original region $D(0)$ had a volume $v(0)$, the region $D(t)$ has a volume $v(t)$. We want to find how this volume depends on $t$. To do that we consider a small time increment $dt$. The map $g^{dt}$ is given by (I keep only terms linear in $dt$)

$$g^{dt}(\vec{x}) = \vec{x} + f(\vec{x})dt.$$  

The volume $v(dt)$ is given by

$$v(dt) = \int_{D(dt)} d^n x.$$  

We now consider our map as a change of variables, from $\vec{x}(0)$ to $\vec{x}(dt)$. Then

$$v(dt) = \int_{D(0)} \det \frac{\partial g^{dt}(x_i)}{\partial x_j} d^n x.$$  

Using our map we find that the matrix

$$\frac{\partial g^{dt}(x_i)}{\partial x_j} = \delta_{ij} + \frac{\partial f_i}{\partial x_j} dt = \hat{E} + dt\hat{A}.$$  

We need the determinant of this matrix only in the linear order in $dt$. We use the following formula $\log \det \hat{M} = \text{tr} \log \hat{M}$ to find

$$\det \left( \hat{E} + dt\hat{A} \right) = e^\text{tr} \log (\hat{E} + dt\hat{A}) \approx e^{dt\text{tr}\hat{A}} \approx 1 + dt\text{tr}\hat{A},$$  

and find

$$v(dt) = v(0) + dt \int_{D(0)} \sum_i \frac{\partial f_i(\vec{x})}{\partial x_i} d^n x.$$  

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or
\[ \frac{dv}{dt} = \int_{D(t)} \sum_i \frac{\partial f_i(x)}{\partial x_i} d^n x. \]

For the Hamiltonian mechanics we take \( n \) to be even, half of \( x \)s are the coordinates \( q_i \), and the other half are momenta \( p_i \). Then we have

\[ \sum_{i=1}^{n} \frac{\partial f_i(x)}{\partial x_i} = \sum_{i=1}^{n/2} \left[ \frac{\partial^2 H}{\partial q_i \partial p_i} - \frac{\partial^2 H}{\partial p_i \partial q_i} \right] = 0. \]

So the Hamiltonian mechanics conserves a volume of the phase space region. \textbf{Minus sign is very important.}

### 14.2. Poisson brackets.

Consider a function of time, coordinates and momenta: \( f(t, q, p) \), then

\[ \frac{df}{dt} = \frac{\partial f}{\partial t} + \sum_i \left( \frac{\partial f}{\partial q_i} \dot{q}_i + \frac{\partial f}{\partial p_i} \dot{p}_i \right) = \frac{\partial f}{\partial t} + \sum_i \left( \frac{\partial f}{\partial q_i} \frac{\partial H}{\partial p_i} - \frac{\partial f}{\partial p_i} \frac{\partial H}{\partial q_i} \right) = \frac{\partial f}{\partial t} + \{H, f\} \]

where we defined the Poisson brackets for any two functions \( g \) and \( f \)

\[ \{g, f\} = \sum_i \left( \frac{\partial g}{\partial p_i} \frac{\partial f}{\partial q_i} - \frac{\partial g}{\partial q_i} \frac{\partial f}{\partial p_i} \right) \]

In particular we see, that

\[ \{p_i, q_k\} = \delta_{i,k}. \]

Poisson brackets are

- Antisymmetric.
- Bilinear.
- For a constant \( c \), \( \{f, c\} = 0 \).
- \( \{f_1 f_2, g\} = f_1 \{f_2, g\} + f_2 \{f_1, g\} \).

Let’s consider an arbitrary transformation of variables: \( P_i = P_i(\{p\}, \{q\}) \), and \( Q_i = Q_i(\{p\}, \{q\}) \). We then have

\[ \dot{P}_i = \{H, P_i\}, \quad \dot{Q}_i = \{H, Q_i\}. \]

or

\[ \dot{P}_i = \sum_k \left( \frac{\partial H}{\partial p_k} \frac{\partial P_i}{\partial q_k} - \frac{\partial H}{\partial q_k} \frac{\partial P_i}{\partial p_k} \right) \]

\[ = \sum_{k, \alpha} \left( \frac{\partial H}{\partial P_\alpha} \frac{\partial P_i}{\partial p_k} + \frac{\partial H}{\partial Q_\alpha} \frac{\partial P_i}{\partial q_k} \right) \frac{\partial P_i}{\partial q_k} - \left( \frac{\partial H}{\partial P_\alpha} \frac{\partial Q_\alpha}{\partial q_k} + \frac{\partial H}{\partial Q_\alpha} \frac{\partial Q_\alpha}{\partial p_k} \right) \frac{\partial P_i}{\partial p_k} \]

\[ = -\sum_\alpha \left( \frac{\partial H}{\partial P_\alpha} \{P_i, P_\alpha\} + \frac{\partial H}{\partial Q_\alpha} \{P_i, Q_\alpha\} \right) \]

Analogously,

\[ \dot{Q}_i = -\sum_\alpha \left( \frac{\partial H}{\partial Q_\alpha} \{Q_i, Q_\alpha\} + \frac{\partial H}{\partial P_\alpha} \{Q_i, P_\alpha\} \right) \]

We see, that the Hamiltonian equations keep their form if

\[ \{P_i, Q_\alpha\} = \delta_{i,\alpha}, \quad \{P_i, P_\alpha\} = \{Q_i, Q_\alpha\} = 0 \]
The variables that have such Poisson brackets are called the *canonical variables*, they are *canonically conjugated*. Transformations that keep the canonical Poisson brackets are called *canonical transformations*.
LECTURE 15


15.1. Hamiltonian mechanics

- The Poisson brackets are property of the phase space and have nothing to do with the Hamiltonian.
- The Hamiltonian is just a function on the phase space.
- Given the phase space $p_i, q_i$, the Poisson brackets and the Hamiltonian. We can construct the equations of the Hamiltonian mechanics:

$$\dot{p}_i = \{H, p_i\}, \quad \dot{q}_i = \{H, q_i\}.$$  

- In this formulation there is no need to distinguish between the coordinates and momenta.
- Time evolution of any function $f(p, q, t)$ is given by the equation

$$\frac{df}{dt} = \frac{\partial f}{\partial t} + \{H, f\}.$$  

difference between the full and the partial derivatives!

- The Poisson brackets must satisfy:
  - Antisymmetric.
  - Bilinear.
    * For a constant $c$, $\{f, c\} = 0$.
    * $\{f_1 f_2, g\} = f_1 \{f_2, g\} + f_2 \{f_1, g\}$.
  - Jacobi’s identity: $\{f, \{g, h\}\} + \{g, \{h, f\}\} + \{h, \{f, g\}\} = 0$. (I will prove it later.)

Given the phase space equipped with the Poisson brackets with above properties any function on the phase space can be considered as a Hamiltonian. The Hamiltonian dynamics is then fully defined.
15.2. Jacobi’s identity

First: Using the definition of the Poisson brackets in the canonical coordinates it is easy, but lengthy to prove, that for any three functions \( f, g, \) and \( h \):

\[
\{ f, \{ g, h \} \} + \{ g, \{ h, f \} \} + \{ h, \{ f, g \} \} = 0
\]

As it holds for any functions this is the property of the phase space and the Poisson brackets.

Second: Without referring to canonical coordinates we can do the following. Let’s consider three time independent functions on the phase space \( f, g, \) and \( h \). Let’s think of the function \( h \) as a Hamiltonian of some dynamics. We then can write

\[
\frac{d}{dt} \{ f, g \} = \{ h, \{ f, g \} \}.
\]

On the other hand

\[
\frac{d}{dt} \{ f, g \} = \{ h, \{ f, g \} \}.
\]

Comparing these two expressions we see, that the Jacobi’s identity must hold in order for the dynamics to be consistent. If the functions \( f, g, \) and \( h \) are time dependent the calculation is similar, but lengthier.

15.3. How to compute Poisson brackets.

Let’s say, that we have a phase space with coordinates \( \{ q_i \} \). The phase space is equipped with the Poisson brackets, which we know for the coordinates \( \{ q_i, q_j \} \) – we do not distinguish between the coordinates and momenta, and the Poisson brackets do not have to be canonical, but they satisfy all the requirements. Let’s say, that we have two functions on the phase space \( f(\{ q_i \}) \) and \( g(\{ q_i \}) \). The question is how to compute the Poisson bracket \( \{ f, g \} \)?

We start from computing the Poisson bracket \( \{ f, q_i \} \). \( q_i \) is a function on the phase space, so we can consider it as a Hamiltonian. Then we have

\[
\frac{df}{dt} = \{ q_i, f \}.
\]

On the other hand

\[
\frac{df}{dt} = \frac{\partial f}{\partial q_j} \dot{q}_j = \frac{\partial f}{\partial q_j} \{ q_j, q_i \}.
\]

Comparing the two expressions we find

\[
\{ f, q_i \} = \frac{\partial f}{\partial q_j} \{ q_j, q_i \}.
\]

Notice, that at the end the dynamics does not matter. The above formula is just a relation between two Poisson brackets.

Now consider the two functions \( f(\{ q_i \}) \) and \( g(\{ q_i \}) \). Let’s take the function \( f \) as a Hamiltonian. Then we have

\[
\frac{dg}{dt} = \{ f, g \}.
\]

On the other hand

\[
\frac{dg}{dt} = \frac{\partial g}{\partial q_i} \dot{q}_i = \frac{\partial g}{\partial q_i} \{ f, q_i \} = \frac{\partial g}{\partial q_i} \frac{\partial f}{\partial q_j} \{ q_j, q_i \}.
\]
Again, comparing the two expressions we find
\[ \{ f, g \} = \frac{\partial f}{\partial q_j} \frac{\partial g}{\partial q_i} \{ q_j, q_i \}. \]

15.4. Integrals of motion.

A conserved quantity is such a function \( f(q, p, t) \), that \( \frac{df}{dt} = 0 \) under the evolution of a Hamiltonian \( H \). So we have
\[ \frac{\partial f}{\partial t} + \{ H, f \} = 0. \]
In particular, if \( H \) does not depend on time, then obviously \( \{ H, H \} = 0 \) and the energy is conserved.

Let’s assume, that we have two conserved quantities \( f \) and \( g \). Consider the time evolution of their Poisson bracket
\[ \frac{d}{dt} \{ f, g \} = \left\{ \frac{\partial f}{\partial t}, g \right\} + \left\{ f, \frac{\partial g}{\partial t} \right\} + \left\{ f, \{ H, g \} \right\} + \left\{ \{ H, f \}, g \right\} = \left\{ \frac{df}{dt}, g \right\} + \left\{ f, \frac{dg}{dt} \right\} = 0. \]
So if we have two conserved quantities we can construct a new conserved quantity! Sometimes it will turn out to be an independent conservation law!

15.5. Angular momentum.

Let’s calculate the Poisson brackets for the angular momentum: \( \vec{M} = \vec{r} \times \vec{p} \).

Coordinate \( \vec{r} \) and momentum \( \vec{p} \) are canonically conjugated so
\[ \{ p^i, r^j \} = \delta_{ij}, \quad \{ p^i, p^j \} = \{ r^i, r^j \} = 0. \]

So
\[ \{ M^i, M^j \} = \epsilon^{ijk} \epsilon^{lmn} \{ r^l p^k, r^m p^n \} = \epsilon^{ijk} \epsilon^{lmn} \left( r^l \{ p^k, r^m p^n \} + p^k \{ r^l, r^m p^n \} \right) = \epsilon^{ijk} \epsilon^{lmn} \left( r^l p^m \{ p^k, r^n \} + r^l r^m \{ p^k, p^n \} + p^k p^n \{ r^l, r^m \} \right) = \epsilon^{ijk} \epsilon^{lmn} \left( r^l p^m \delta_{kn} - p^k r^m \delta_{ln} \right) = \left( \epsilon^{ijk} \epsilon^{lmn} - \epsilon^{ilm} \epsilon^{jkn} \right) \delta_{mn} p^l r^i - \epsilon^{ijk} M^k \]
In short
\[ \{ M^i, M^j \} = -\epsilon^{ijk} M^k \]

We can now consider a Hamiltonian mechanics, say for the Hamiltonian
\[ H = \vec{h} \cdot \vec{M} \]

Problem with one degree of freedom: $U(x)$. The Lagrangian is

$$ L = \frac{m\dot{x}^2}{2} - U(x). $$

The equation of motion is

$$ m\ddot{x} = -\frac{\partial U}{\partial x}. $$

If the function $U(x)$ has an extremum at $x = x_0$, then $\frac{\partial U}{\partial x}_{|_{x=x_0}} = 0$. Then $x = x_0$ is a (time independent) solution of the equation of motion.

Consider a small deviation from the solution $x = x_0 + \delta x$. Assuming that $\delta x$ stays small during the motion we have

$$ U(x) = U(x_0 + \delta x) \approx U(x_0) + U'(x_0)\delta x + \frac{1}{2}U''(x_0)\delta x^2 = U(x_0) + \frac{1}{2}U''(x_0)\delta x^2 $$

The equation of motion becomes

$$ m\ddot{\delta x} = -U''(x_0)\delta x $$

- If $U''(x_0) > 0$, then we have small oscillations with the frequency

$$ \omega^2 = \frac{U''(x_0)}{m} $$

This is a stable equilibrium.

- If $U''(x_0) < 0$, then the solution grows exponentially, and at some point our approximation becomes invalid. The equilibrium is unstable.

Look at what it means graphically.

Generality: consider a system with infinitesimally small dissipation and external perturbations. The perturbations will kick it out of any unstable equilibrium. The dissipation will bring it down to a stable equilibrium. It may take a very long time.

After that the response of the system to small enough perturbations will be defined by the small oscillations around the equilibrium
16.2. Many degrees of freedom.

Consider two equal masses in 1D connected by springs of constant $k$ to each other and to the walls.

There are two coordinates: $x_1$ and $x_2$.
There are two modes $x_1 - x_2$ and $x_1 + x_2$.

The potential energy of the system is

$$U(x_1, x_2) = \frac{kx_1^2}{2} + \frac{k(x_1 - x_2)^2}{2} + \frac{kx_2^2}{2}$$

The Lagrangian

$$L = \frac{m \dot{x}_1^2}{2} + \frac{m \dot{x}_2^2}{2} - \frac{kx_1^2}{2} - \frac{k(x_1 - x_2)^2}{2} - \frac{kx_2^2}{2}$$

The equations of motion are

$$m \ddot{x}_1 = -2kx_1 + kx_2$$
$$m \ddot{x}_2 = -2kx_2 + kx_1$$

These are two second order differential equations. Total they must have four solutions. Let’s look for the solutions in the form

$$x_1 = A_1 e^{i\omega t}, \quad x_2 = A_2 e^{i\omega t}$$

then

$$-\omega^2 m A_1 = -2kA_1 + kA_2$$
$$-\omega^2 m A_2 = -2kA_2 + kA_1$$

or

$$(2k - m\omega^2)A_1 - kA_2 = 0$$
$$(2k - m\omega^2)A_2 - kA_1 = 0$$

or

$$\begin{pmatrix} 2k - m\omega^2 & -k \\ -k & 2k - m\omega^2 \end{pmatrix} \begin{pmatrix} A_1 \\ A_2 \end{pmatrix} = 0$$

In order for this set of equations to have a non trivial solution we must have

$$\det \begin{pmatrix} 2k - m\omega^2 & -k \\ -k & 2k - m\omega^2 \end{pmatrix} = 0, \quad (2k - m\omega^2)^2 - k^2 = 0, \quad (k - m\omega^2)(3k - m\omega^2) = 0$$

There are two modes with the frequencies

$$\omega_a^2 = k/m, \quad \omega_b^2 = 3k/m$$

and corresponding eigen vectors

$$\begin{pmatrix} A_1^a \\ A_2^a \end{pmatrix} = A^a \begin{pmatrix} 1 \\ 1 \end{pmatrix}, \quad \begin{pmatrix} A_1^b \\ A_2^b \end{pmatrix} = A^b \begin{pmatrix} 1 \\ -1 \end{pmatrix}$$

The general solution then is

$$\begin{pmatrix} x_1 \\ x_2 \end{pmatrix} = A^a \begin{pmatrix} 1 \\ 1 \end{pmatrix} \cos(\omega_a t + \phi_a) + A^b \begin{pmatrix} 1 \\ -1 \end{pmatrix} \cos(\omega_b t + \phi_b)$$

What will happen if the masses and springs constants are different? Repeat the previous calculation for arbitrary $m_1, m_2, k_1, k_2, k_3$. 


Let’s consider a general situation in detail. We start from an arbitrary Lagrangian

\[ L = K(\{\dot{q}_i\}, \{q_i\} - U(\{q_i\}) \]

Very generally the kinetic energy is zero if all velocities are zero. It will also increase if any of the velocities increase.

It is assumed that the potential energy has a minimum at some values of the coordinates \( q_i = q_{i0} \). Let’s first change the definition of the coordinates \( x_i = q_i - q_{i0} \). We rewrite the Lagrangian in these new coordinates.

\[ L = K(\{\dot{x}_i\}, \{x_i\} - U(\{x_i\}) \]

We can take the potential energy to be zero at \( x_i = 0 \), also as \( x_i = 0 \) is a minimum we must have \( \partial U / \partial x_i = 0 \).

Let’s now assume, that the motion has very small amplitude. We then can use Taylor expansion in both \( \{\dot{x}_i\} \) and \( \{x_i\} \) up to the second order.

The time reversal invariance demands that only even powers of velocities can be present in the expansion. Also as the kinetic energy is zero if all velocities are zero, we have \( K(0, \{x_i\}) \), so we have

\[ \dot{x}_i \dot{x}_j = \frac{1}{2} k_{ij} \dot{x}_i \dot{x}_j, \]

where the constant matrix \( k_{ij} \) is symmetric and positive definite.

For the potential energy we have

\[ x_i x_j = \frac{1}{2} u_{ij} x_i x_j, \]

where the constant matrix \( u_{ij} \) is symmetric. If \( x = 0 \) is indeed a minimum, then the matrix \( u_{ij} \) is also positive definite.

The Lagrangian is then

\[ L = \frac{1}{2} k_{ij} \dot{x}_i \dot{x}_j - \frac{1}{2} u_{ij} x_i x_j \]

where \( k_{ij} \) and \( u_{ij} \) are just constant matrices. The Lagrange equations are

\[ k_{ij} \ddot{x}_j = -u_{ij} x_j \]

We are looking for the solutions in the form

\[ x^a_j = A^a_j e^{i \omega^a t}, \]

then

\[ \left( \omega^a \omega^b k_{ij} - u_{ij} \right) A^a_j = 0 \]

In order for this linear equation to have a nontrivial solution we must have

\[ \det \left( \omega^a \omega^b k_{ij} - u_{ij} \right) = 0 \]

After solving this equation we can find all \( N \) of eigen/normal frequencies \( \omega^a \) and the eigen/normal modes of the small oscillations \( A^a_j \).
We can prove, that all $\omega^2_a$ are positive (if $U$ is at minimum.) Let’s substitute the solutions $\omega_a$ and $A^a_i$ into equation (16.1), multiply it by $(A^a_i)^*$ and sum over the index $i$.

$$\sum_{ij} \left( \omega^2_a k_{ij} - u_{ij} \right) A^a_i A^*_i = 0.$$ 

From here we see

$$\omega^2_a = \frac{\sum_{ij} u_{ij} A^a_j A^*_i}{\sum_{ij} k_{ij} A^a_j A^*_i}$$

As both matrices $k_{ij}$ and $u_{ij}$ are symmetric and positive definite, we have the ration of to positive real numbers in the RHS. So $\omega^2_a$ must be positive and real.

Examples

- Problem with three masses on a ring. Symmetries. Zero mode.
- Two masses, splitting of symmetric and antisymmetric modes.
LECTURE 17

Oscillations with parameters depending on time.
Kapitza pendulum.

• Oscillations with parameters depending on time.
  \[ L = \frac{1}{2} m(t) \dot{x}^2 - \frac{1}{2} k(t) x^2. \]

The Lagrange equation
  \[ \frac{d}{dt} m(t) \frac{d}{dt} x = -k(t)x. \]

We change the definition of time
  \[ m(t) \frac{d}{dt} = \frac{d}{d\tau}, \quad \frac{d\tau}{dt} = \frac{1}{m(t)} \]

then the equation of motion is
  \[ \frac{d^2 x}{d\tau^2} = -mkx. \]

So without loss of generality we can consider an equation
  \[ \ddot{x} = -\omega^2(t)x \]

• We call \( \Omega \) the frequency of change of \( \omega \).
• Different time scales. Three different cases: \( \Omega \gg \omega \), \( \Omega \ll \omega \), and \( \Omega \approx \omega \).

17.1. Kapitza pendulum \( \Omega \gg \omega \)

17.1.1. Vertical displacement.

• Set up of the problem.
• Time scales difference.
• Expected results.

The coordinates
  \[
  x = l \sin \phi \\
  y = l(1 - \cos \phi) + \xi \\
  \dot{x} = l \dot{\phi} \cos \phi \\
  \dot{y} = l \dot{\phi} \sin \phi + \dot{\xi}
  \]

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The Lagrangian

\[ L = \frac{ml^2}{2} \dot{\phi}^2 + ml \dot{\phi} \dot{\xi} \sin \phi + mgl \cos \phi \]

The equation of motion

\[ \ddot{\phi} + \frac{\ddot{\xi}}{l} \sin \phi = -\omega^2 \sin \phi \]

Look for the solution

\[ \phi = \phi_0 + \theta, \quad \ddot{\theta} = 0 \]

- What does averaging means. Separation of the time scales. Time T such that \( \Omega^{-1} \ll T \ll \omega^{-1} \).

We expect \( \theta \) to be small, but \( \dot{\theta} \) and \( \ddot{\theta} \) are NOT small. The equation then is

\[ (17.1) \quad \ddot{\phi}_0 + \frac{\ddot{\theta}}{l} \sin \phi_0 + \frac{\ddot{\xi}}{l} \theta \cos \phi_0 = -\omega^2 \sin \phi_0 - \omega^2 \theta \cos \phi_0 \]

The frequency of the function \( \phi_0 \) is small, so the fast oscillating functions must cancel each other. So

\[ \ddot{\theta} + \frac{\ddot{\xi}}{l} \sin \phi_0 + \frac{\ddot{\xi}}{l} \theta \cos \phi_0 = -\omega^2 \theta \cos \phi_0. \]

Neglecting term proportional to small \( \theta \) we get

\[ \theta = -\frac{\ddot{\xi}}{l} \sin \phi_0. \]

As \( \ddot{\xi} = 0 \), the requirement \( \ddot{\theta} = 0 \) fixes the other terms coming from the integration.

Now we take the equation (17.1) and average it over the time \( T \).

\[ \overline{\ddot{\phi}_0 + \frac{\ddot{\theta}}{l} \cos \phi_0} = -\omega^2 \sin \phi_0 \]

We now have

\[ \overline{\ddot{\theta} \xi} = -\dddot{\xi} \frac{1}{l^2} \sin \phi_0, \quad \overline{\dddot{\xi}} = \frac{1}{T} \int_0^T \xi \dddot{\xi} dt = -\frac{1}{T} \int_0^T (\xi')^2 dt = -\overline{(\xi')^2} \]

Our equation then is

\[ \ddot{\phi} = -\left( \omega^2 \sin \phi_0 + \frac{(\overline{\xi'})^2}{2l^2} \sin 2\phi_0 \right) = -\frac{\partial}{\partial\phi_0} \left( -\omega^2 \cos \phi_0 - \frac{(\overline{\xi'})^2}{4l^2} \cos 2\phi_0 \right) \]

So we have a motion in the effective potential field

\[ U_{\text{eff}} = -\omega^2 \cos \phi_0 - \frac{(\overline{\xi'})^2}{4l^2} \cos 2\phi_0 \]

The equilibrium positions are given by

\[ \frac{\partial U}{\partial\phi_0} = \omega^2 \sin \phi_0 + \frac{(\overline{\xi'})^2}{2l^2} \sin 2\phi_0 = 0, \quad \sin \phi_0 \left( \omega^2 + \frac{(\overline{\xi'})^2}{l^2} \cos \phi_0 \right) = 0 \]

We see, that if \( \frac{\omega^2 l^2}{(\overline{\xi'})^2} < 1 \), a pair of new solutions appears.

The stability is defined by the sign of

\[ \frac{\partial^2 U}{\partial\phi_0^2} = \omega^2 \cos \phi_0 + \frac{(\overline{\xi'})^2}{l^2} \cos 2\phi_0 \]
One see, that

- $\phi_0 = 0$ is always a stable solution.
- $\phi_0 = \pi$ is unstable for $\frac{\omega^2 l^2}{(\xi)^2} > 1$, but becomes stable if $\frac{\omega^2 l^2}{(\xi)^2} < 1$.
- The new solutions that appear for $\frac{\omega^2 l^2}{(\xi)^2} < 1$ are unstable.

For $\phi_0$ close to $\pi$ we can introduce $\phi_0 = \pi + \tilde{\phi}$

$$\ddot{\tilde{\phi}} = -\omega^2 \left( \frac{(\xi)^2}{l^2 \omega^2} - 1 \right) \tilde{\phi}$$

We see, that for $\frac{(\xi)^2}{l^2 \omega^2} > 1$ the frequency of the oscillations in the upper point have the frequency

$$\tilde{\omega}^2 = \omega^2 \left( \frac{(\xi)^2}{l^2 \omega^2} - 1 \right)$$

Remember, that above calculation is correct if $\Omega$ of the $\xi$ is much larger then $\omega$. If $\xi$ is oscillating with the frequency $\Omega$, then we can estimate $\frac{(\xi)^2}{l^2 \omega^2} \approx \Omega^2 \xi_0^2$, where $\xi_0$ is the amplitude of the motion. Then the interesting regime is at

$$\Omega^2 > \frac{\omega^2 l^2}{\xi^2} \gg \omega^2.$$

So the interesting regime is well withing the applicability of the employed approximations.
LECTURE 18
Oscillations with parameters depending on time.
Kapitza pendulum. Horizontal case.

Let’s consider a shaken pendulum without the gravitation force acting on it. The fast shaking is given by a fast time dependent vector $\vec{\xi}(t)$. This vector defines a direction in space. I will call this direction $\hat{z}$, so $\vec{\xi}(t) = \hat{z}\xi(t)$.

The amplitude $\xi$ is small $\xi \ll l$, where $l$ is the length of the pendulum, but the shaking is very fast $\Omega \gg \omega$, the frequency of the pendulum motion (without gravity it is not well defined, but we will keep in mind that we are going to include gravity later.)

Let’s now use a non inertial frame of reference connected to the point of attachment of the pendulum. In this frame of reference there is a artificial force which acts on the pendulum. This force is

$$\vec{f} = -\ddot{\xi}m\hat{z}.$$  

If the pendulum makes an angle $\phi$ with respect to the axis $\hat{z}$, then the torque of the force $\vec{f}$ is $\tau = -lf\sin \phi$. So the equation of motion

$$ml^2\ddot{\phi} = lm\ddot{\xi}\sin \phi, \quad \ddot{\phi} = \frac{\ddot{\xi}}{l}\sin \phi$$

Now we split the angle onto slow motion described by $\phi_0$ – a slow function of time, and fast motion $\theta(t)$ a fast oscillating function of time such that $\ddot{\theta} = 0$.

We then have

$$\ddot{\phi}_0 + \ddot{\theta} = \frac{\ddot{\xi}}{l}\sin(\phi_0 + \theta)$$

Notice the non linearity of the RHS.

As $\theta \ll \phi_0$, we can use the Taylor expansion

$$\ddot{\phi}_0 + \ddot{\theta} = \frac{\ddot{\xi}}{l}\sin(\phi_0) + \frac{\ddot{\xi}\theta}{l}\cos(\phi_0)$$

Double derivatives of $\theta$ and $\xi$ are very large, so in the zeroth order we can write

$$\ddot{\theta} = \frac{\ddot{\xi}}{l}\sin(\phi_0), \quad \theta = \frac{\xi}{l}\sin(\phi_0).$$

Now averaging the equation (18.1) in the way described in the previous lecture we get

$$\ddot{\phi}_0 = \frac{\ddot{\xi}\theta}{l}\cos(\phi_0) = \frac{\ddot{\xi}}{l}\sin(\phi_0)\cos(\phi_0)$$
or

\[ \ddot{\phi}_0 = \frac{\ddot{\xi} \theta}{l} \cos(\phi_0) = -\frac{\ddot{\xi}^2}{l^2} \sin(\phi_0) \cos(\phi_0) \]

What is happening is illustrated on the figure. If \( \xi \) is positive, then \( \ddot{\xi} \) is negative, so the torque is negative and is larger, because the angle \( \phi = \phi_0 + \theta \) is larger. So the net torque is negative!

18.0.2. Vertical.

Now we can get the result from the previous lecture. We just need to add the gravitational term \( -\omega^2 \sin \phi_0 \).

\[ \ddot{\phi}_0 = -\omega^2 \sin \phi_0 - \frac{\ddot{\xi}^2}{l^2} \sin(\phi_0) \cos(\phi_0) \]

So we have a motion in the effective potential field

\[ U_{\text{eff}} = -\omega^2 \cos \phi_0 - \frac{(\ddot{\xi})^2}{4l^2} \cos 2\phi_0 \]

The equilibrium positions are given by

\[ \frac{\partial U}{\partial \phi_0} = \omega^2 \sin \phi_0 + \frac{(\ddot{\xi})^2}{2l^2} \sin 2\phi_0 = 0, \quad \sin \phi_0 \left( \omega^2 + \frac{(\ddot{\xi})^2}{l^2} \cos \phi_0 \right) = 0 \]

We see, that if \( \frac{\omega^2 l^2}{(\ddot{\xi})^2} < 1 \), a pair of new solutions appears.

The stability is defined by the sign of

\[ \frac{\partial^2 U}{\partial \phi_0^2} = \omega^2 \cos \phi_0 + \frac{(\ddot{\xi})^2}{l^2} \cos 2\phi_0 \]

One see, that

- \( \phi_0 = 0 \) is always a stable solution.
- \( \phi_0 = \pi \) is unstable for \( \frac{\omega^2 l^2}{(\ddot{\xi})^2} > 1 \), but becomes stable if \( \frac{\omega^2 l^2}{(\ddot{\xi})^2} < 1 \).
- The new solutions that appear for \( \frac{\omega^2 l^2}{(\ddot{\xi})^2} < 1 \) are unstable.

For \( \phi_0 \) close to \( \pi \) we can introduce \( \phi_0 = \pi + \tilde{\phi} \)

\[ \ddot{\tilde{\phi}} = -\omega^2 \left( \frac{(\ddot{\xi})^2}{l^2 \omega^2} - 1 \right) \tilde{\phi} \]

We see, that for \( \frac{(\ddot{\xi})^2}{l^2 \omega^2} > 1 \) the frequency of the oscillations in the upper point have the frequency

\[ \tilde{\omega}^2 = \omega^2 \left( \frac{(\ddot{\xi})^2}{l^2 \omega^2} - 1 \right) \]
Remember, that above calculation is correct if $\Omega$ of the $\xi$ is much larger then $\omega$. If $\xi$ is oscillating with the frequency $\Omega$, then we can estimate $(\dot{\xi})^2 \approx \Omega^2 \xi_0^2$, where $\xi_0$ is the amplitude of the motion. Then the interesting regime is at

$$\Omega^2 > \omega^2 \frac{l^2}{\xi^2} \gg \omega^2.$$

So the interesting regime is well within the applicability of the employed approximations.

**18.0.3. Horizontal.**

If $\xi$ is horizontal, the it is convenient to redefine the angle $\phi_0 \rightarrow \pi/2 + \phi_0$, then the shake contribution changes sign and we get

$$U_{eff} = -\omega^2 \cos \phi_0 + \frac{(\dot{\xi})^2}{4l^2} \cos 2\phi_0.$$

The equilibrium position is found by

$$\frac{\partial U_{eff}}{\partial \phi_0} = \sin \phi_0 \left( \omega^2 - \frac{(\dot{\xi})^2}{l^2} \cos \phi_0 \right).$$

Let’s write $U_{eff}$ for small angles, then (dropping the constant.)

$$U_{eff} \approx \frac{\omega^2}{2} \left( 1 - \frac{(\dot{\xi})^2}{\omega^2 l^2} \right) \phi_0^2 + \frac{\omega^2}{24} \left( 4 \frac{(\dot{\xi})^2}{\omega^2 l^2} - 1 \right) \phi_0^4.$$

If $\frac{(\dot{\xi})^2}{\omega^2 l^2} \approx 1$, then

$$U_{eff} \approx \frac{\omega^2}{2} \left( 1 - \frac{(\dot{\xi})^2}{\omega^2 l^2} \right) \phi_0^2 + \frac{\omega^2}{8} \phi_0^4.$$

• Spontaneous symmetry braking.
Oscillations with parameters depending on time. Foucault pendulum.

The opposite situation, when the change of parameters is very slow – adiabatic approximation.

In rotation
\[ \dot{\vec{r}} = \vec{\Omega} \times \vec{r}. \]

In our local system of coordinate (not inertial) a radius-vector is
\[ \vec{r} = x\vec{e}_x + y\vec{e}_y. \]

So
\[ \dot{\vec{r}} = \dot{x}\vec{e}_x + \dot{y}\vec{e}_y + x\vec{\Omega} \times \vec{e}_x + y\vec{\Omega} \times \vec{e}_y. \]

I chose the system of coordinate such that \( e_x \perp \vec{\Omega} \). Then
\[ v^2 = x^2 + \dot{y}^2 + y^2\Omega^2 \cos^2 \theta + \Omega^2 x^2 + 2\Omega(xy - y\dot{x}) \cos \theta \]

For a pendulum we have
\[ x = l\phi \cos \psi, \quad y = l\phi \sin \psi \]
so
\[ \dot{x}^2 + \dot{y}^2 = l^2\dot{\phi}^2 + l^2\dot{\phi}^2 \dot{\psi}^2 \]
\[ xy - y\dot{x} = l^2\dot{\phi}^2 \dot{\psi} \]
and
\[ v^2 = l^2\dot{\phi}^2 + l^2\dot{\phi}^2 \dot{\psi}^2 + 2\Omega l^2 \phi^2 \sin \theta \cos \theta + \Omega^2 l^2 \phi^2 (\cos^2 \psi + \sin^2 \psi \cos^2 \theta) \]

The Lagrangian then is
\[ L = \frac{mv^2}{2} + mgl \cos \phi = \frac{mv^2}{2} - \frac{1}{2}mgl \phi^2 \]

- In fact it is not exact as the centripetal force is missing. However, this force is of the order of \( \Omega^2 \) and we will see, that the terms of that order can be ignored.

and the Lagrangian equations
\[ \ddot{\phi} = -\omega^2 \phi + \phi \dot{\psi}^2 + 2\Omega \dot{\psi} \cos \theta + \Omega^2 \phi (\sin^2 \psi \cos^2 \theta + \cos^2 \psi) \]
\[ 2\phi \dot{\phi} \dot{\psi} + \phi^2 \ddot{\psi} + 2\phi \dot{\phi} \dot{\Omega} \cos \theta = -\frac{1}{2} \Omega^2 \phi^2 \sin 2\psi \sin^2 \theta \]
We will see, that $\dot{\psi} \sim \Omega$. Then neglecting all terms of the order of $\Omega^2$ we find

$$\ddot{\phi} = -\omega^2 \phi$$
$$\dot{\psi} = -\Omega \cos \theta$$

The total change of the angle $\psi$ for the period is

$$\Delta \psi = \Omega T \cos \theta = 2\pi \cos \theta.$$

- Geometrical meaning.


We want to move a pendulum around the world along some closed trajectory. The question is what angle the plane of oscillations will turn after we return back to the original point?

We assume that the earth is not rotating.
We assume that we are moving the pendulum slowly.

First of all we need to decide on the system of coordinates. For our the simple case we can do it in the following way.

(a) We choose a global unit vector $\hat{z}$. The only requirement is that the $z$ line does not intersect our trajectory.

(b) After that we can introduce the angles $\theta$ and $\phi$ in the usual way. (strictly speaking in order to introduce $\phi$ we also need to introduce a global vector $\hat{x}$, thus introducing a full global system of coordinates.)

(c) In each point on the sphere we introduce it’s own system/vectors of coordinates $\hat{e}_\phi$, $\hat{e}_\theta$, and $\hat{n}$, where $\hat{n}$ is along the radius, $\hat{e}_\phi$ is orthogonal to both $\hat{n}$ and $\hat{z}$, and $\hat{e}_\theta = \hat{n} \times \hat{e}_\phi$.

We then have

$$\hat{e}_\theta^2 = \hat{e}_\phi^2 = \hat{n}^2 = 1, \quad \hat{e}_\theta \cdot \hat{e}_\phi = \hat{e}_\theta \cdot \hat{n} = \hat{e}_\phi \cdot \hat{n} = 0.$$

Let’s look how the coordinate vectors change when we change a point where we sitting. So let as change our position by a small vector $d\vec{r}$. The coordinate vectors then change by $\hat{e}_\theta \rightarrow \hat{e}_\theta + d\hat{e}_\theta$, etc. We then see that

$$\hat{e}_\theta \cdot d\hat{e}_\theta = \hat{e}_\phi \cdot d\hat{e}_\phi = \hat{n} \cdot d\hat{n} = 0, \quad \hat{e}_\theta \cdot d\hat{e}_\phi + d\hat{e}_\theta \cdot \hat{e}_\phi = \hat{e}_\theta \cdot d\hat{n} + d\hat{e}_\theta \cdot \hat{n} = \hat{e}_\phi \cdot d\hat{n} + d\hat{e}_\phi \cdot \hat{n} = 0.$$

or

$$d\hat{e}_\theta = a\hat{e}_\phi + b\hat{n}$$
$$d\hat{e}_\phi = -a\hat{e}_\theta + c\hat{n}$$
$$d\hat{n} = -b\hat{e}_\theta - c\hat{e}_\phi$$

Where coefficients $a$, $b$, and $c$ are linear in $d\vec{r}$.

Let’s now assume, that our $d\vec{r}$ is along the vector $\hat{e}_\phi$. Then it is clear, that $d\hat{n} = \sin(\theta)\frac{(d\vec{r} \cdot \hat{e}_\phi)}{R} \hat{e}_\phi$, and $d\hat{e}_\theta = -\frac{(d\vec{r} \cdot \hat{e}_\phi)}{R \tan \theta} \hat{e}_\phi$.

If $d\vec{r}$ is along the vector $\hat{e}_\theta$, then $d\hat{e}_\phi = 0$, and $d\hat{n} = \frac{(d\vec{r} \cdot \hat{e}_\theta)}{R} \hat{e}_\theta$. 

LECTURE 19. OSCILLATIONS WITH PARAMETERS DEPENDING ON TIME. FOUCAULT PENDULUM

Collecting it all together we have

\[ d\hat{e}_\theta = -\frac{(d\vec{r} \cdot \hat{e}_\phi)}{R \tan \theta} \hat{e}_\phi - \frac{(d\vec{r} \cdot \hat{e}_\theta)}{R} \hat{n} \]

\[ d\hat{e}_\phi = \frac{(d\vec{r} \cdot \hat{e}_\phi)}{R \tan \theta} \hat{e}_\theta - \sin(\theta) \frac{(d\vec{r} \cdot \hat{e}_\phi)}{R} \hat{n} \]

\[ d\hat{n} = \left( \frac{(d\vec{r} \cdot \hat{e}_\phi)}{R} \right) \hat{e}_\theta + \sin(\theta) \left( \frac{(d\vec{r} \cdot \hat{e}_\phi)}{R} \right) \hat{e}_\phi \]

Notice, that these are purely geometrical formulas.

Now let’s consider a pendulum. In our local system of coordinates it’s radius vector is

\[ \vec{\xi} = x\hat{e}_\theta + y\hat{e}_\phi = \xi \cos \psi \hat{e}_\theta + \xi \sin \psi \hat{e}_\phi. \]

The velocity is then

\[ \ddot{\vec{\xi}} = \dot{\xi}(\cos \psi \hat{e}_\theta + \sin \psi \hat{e}_\phi) + \xi \dot{\psi}(- \sin \psi \hat{e}_\theta + \cos \psi \hat{e}_\phi) + \xi(\cos \psi \frac{\partial \hat{e}_\theta}{\partial \vec{r}} + \sin \psi \frac{\partial \hat{e}_\phi}{\partial \vec{r}}) \frac{d\vec{r}}{dt}. \]

When we calculate \( \dot{\vec{\xi}}^2 \) we only keep terms no more than first order in \( d\vec{r}/dt \)

\[ \dot{\vec{\xi}}^2 \approx \dot{\xi}^2 + \xi^2 \dot{\psi}^2 + 2\xi \dot{\xi} \dot{\psi} \hat{e}_\theta \cdot \frac{\partial \hat{e}_\theta}{\partial \vec{r}} \frac{d\vec{r}}{dt} = \dot{\xi}^2 + \xi^2 \dot{\psi}^2 + 2\xi \dot{\xi} \dot{\psi} \frac{R \tan \theta}{R} \hat{e}_\phi \cdot \frac{d\vec{r}}{dt} \]

The potential energy does not depend on \( \psi \), so the Lagrange equation for \( \psi \) is simply \( \frac{d}{dt} \frac{\partial L}{\partial \dot{\psi}} \). Moreover, as \( \xi \) is fast when we take the derivative \( \frac{d}{dt} \) we differentiate only \( \xi \). Then

\[ 4\dot{\xi} \dot{\psi} + 4\xi \dot{\xi} \frac{1}{R \tan \theta} \hat{e}_\phi \cdot \frac{d\vec{r}}{dt} = 0 \]

so

\[ \dot{\psi} = -\frac{1}{R \tan \theta} \frac{R \sin \theta d\phi}{dt} = -\cos \theta \frac{d\phi}{dt} \]

Finally,

\[ d\psi = -\cos \theta d\phi. \]
LECTURE 20

Oscillations with parameters depending on time.
Parametric resonance.

20.1. Generalities

Now we consider a situation when the parameters of the oscillator depend on time and the frequency of this dependence is comparable to the frequency of the oscillator. We start from the equation

\[ \ddot{x} = -\omega^2(t)x, \]

where \( \omega(t) \) is a periodic function of time. The interesting case is when \( \omega(t) \) is almost a constant \( \omega_0 \) with a small correction which is periodic in time with period \( T \). Then the case which we are interested in is when \( 2\pi/T \) is of the same order as \( \omega_0 \). We are going to find the resonance conditions. Such resonance is called “parametric resonance”.

First we notice, that if the initial conditions are such that \( x(t=0) = 0 \) and \( \dot{x}(t=0) = 0 \), then \( x(t) = 0 \) is the solution and no resonance happens. This is very different from the case of the usual resonance.

Let’s assume, that we found two linearly independent solutions \( x_1(t) \) and \( x_2(t) \) of the equation. All the solutions are just linear combinations of \( x_1(t) \) and \( x_2(t) \).

If a function \( x_1(t) \) a solution, then function \( x_1(t + T) \) must also be a solution, as \( T \) is a period of \( \omega(t) \). It means, that the function \( x_1(t + T) \) is a linear combination of functions \( x_1(t) \) and \( x_2(t) \). The same is true for the function \( x_2(t + T) \). So we have

\[
\begin{pmatrix}
  x_1(t + T) \\
  x_2(t + T)
\end{pmatrix}
= \begin{pmatrix}
  a & b \\
  c & d
\end{pmatrix}
\begin{pmatrix}
  x_1(t) \\
  x_2(t)
\end{pmatrix}
\]

We can always choose such \( x_1(t) \) and \( x_2(t) \) that the matrix is diagonal. In this case

\( x_1(t + T) = \mu_1 x_1(t) \), \( x_2(t + T) = \mu_2 x_2(t) \)

so the functions are multiplied by constants under the translation on one period. The most general functions that have this property are

\[ x_1(t) = \mu_1^{t/T} X_1(t), \quad x_2(t) = \mu_2^{t/T} X_2(t), \]

where \( X_1(t) \), and \( X_2(t) \) are periodic functions of time.
The numbers $\mu_1$ and $\mu_2$ cannot be arbitrary. The functions $x_1$ and $x_2$ satisfy the Wronskian equation
\[ W(t) = \dot{x}_1 x_2 - \dot{x}_2 x_1 = \text{const} \]
So on one hand $W(t + T) = \mu_1 \mu_2 W(t)$, on the other hand $W(t)$ must be constant. So
\[ \mu_1 \mu_2 = 1. \]

Now, if $x_1$ is a solution so must be $x_1^*$. It means that either both $\mu_1$ and $\mu_2$ are real, or $\mu_1^* = \mu_2$. In the later case we have $|\mu_1| = |\mu_2| = 1$ and no resonance happens. In the former case we have $\mu_2 = 1/\mu_1$ (either both are positive, or both are negative). Then we have
\[ x_1(t) = \mu^{t/T} X_1(t), \quad x_2(t) = \mu^{-t/T} X_2(t). \]
We see, that one of the solutions is unstable, it increases exponentially with time. This means, that a small initial deviation from the equilibrium will exponentially grow with time. This is the parametric resonance.

20.2. Resonance.

Let’s now consider the following dependence of $\omega$ on time
\[ \omega^2 = \omega_0^2 (1 + h \cos \gamma t) \]
where $h \ll 1$.

- The most interesting case is when $\gamma \sim 2\omega_0$. Explain.

So I will take $\gamma = 2\omega_0 + \epsilon$, where $\epsilon \ll \omega_0$. The equation of motion is
\[ \ddot{x} + \omega_0^2 [1 + h \cos(2\omega_0 + \epsilon) t] x = 0 \]
(Mathieu’s equation)

We seek the solution in the form
\[ x = a(t) \cos(\omega_0 + \epsilon/2) t + b(t) \sin(\omega_0 + \epsilon/2) t \]
and retain only the terms first order in $\epsilon$ assuming that $\dot{a} \sim \epsilon a$ and $\dot{b} \sim \epsilon b$. We then substitute this solution into the equation use the identity
\[ \cos(\omega_0 + \epsilon/2) t \cos(2\omega_0 + \epsilon) t = \frac{1}{2} \cos 3(\omega_0 + \epsilon/2) t + \frac{1}{2} \cos(\omega_0 + \epsilon/2) t \]
and neglect the terms with frequency $\sim 3\omega_0$ as they are off the resonance. The result is
\[ -\omega_0(2\dot{a} + b\epsilon + \frac{1}{2} h\omega_0 b) \sin(\omega + \epsilon/2) t + \omega_0(2\dot{b} - a\epsilon + \frac{1}{2} h\omega_0 a) \cos(\omega + \epsilon/2) t = 0 \]
So we have a pair of equations
\[ 2\dot{a} + b\epsilon + \frac{1}{2} h\omega_0 b = 0 \]
\[ 2\dot{b} - a\epsilon + \frac{1}{2} h\omega_0 a = 0 \]

We look for the solution in the form $a, b \sim a_0, b_0 e^{\epsilon t}$, then
\[ 2sa_0 + b_0\epsilon + \frac{1}{2} h\omega_0 b = 0, \quad 2sb_0 - a_0\epsilon + \frac{1}{2} h\omega_0 a_0 = 0. \]
The compatibility condition gives

\[ s^2 = \frac{1}{4} \left[ \left( \frac{h\omega_0}{2} \right)^2 - \epsilon^2 \right]. \]

Notice, that \( e^s \) is what we called \( \mu \) before. The condition for the resonance is that \( s \) is real. It means that the resonance happens for

\[ -\frac{1}{2} h\omega_0 < \epsilon < \frac{1}{2} h\omega_0 \]

- The range of frequencies for the resonance depends on the amplitude \( h \).
- The amplification \( s \), also depends on the amplitude \( h \).
- In case of dissipation the solution acquires a decaying factor \( e^{-\lambda t} \), so \( s \) should be substituted by \( s - \lambda \), so the range of instability is given by

\[ -\sqrt{\left( \frac{h\omega_0}{2} \right)^2 - 4\lambda^2} < \epsilon < \sqrt{\left( \frac{h\omega_0}{2} \right)^2 - 4\lambda^2} \]

- At finite dissipation the parametric resonance requires finite amplitude \( h = 4\lambda/\omega_0 \).
LECTURE 21


Consider one dimension string of $N$ masses $m$ connected with identical springs of spring constants $k$. The first and the last masses are connected by the same springs to a wall. The question is what are the normal modes of such system?

- The difference between the infinite number of masses and finite, but large — zero mode.

This system has $N$ degrees of freedom, so we must find $N$ modes. We call $x_i$ the displacement of the $i$th mass from its equilibrium position. The Lagrangian is:

$$L = \sum_{i=1}^{N} \frac{m\dot{x}_i^2}{2} - \frac{k}{2} \sum_{i=0}^{N+1} (x_i - x_{i+1})^2, \quad x_0 = x_{N+1} = 0.$$

21.1.1. First solution

The matrix $-\omega^2 k_{ij} + u_{ij}$ is

$$-\omega^2 k_{ij} + u_{ij} = \begin{pmatrix} -m\omega^2 + 2k & -k & 0 & \ldots & \ldots \\ -k & -m\omega^2 + 2k & -k & 0 & \ldots \\ 0 & -k & -m\omega^2 + 2k & -k & \ldots \\ \ldots & \ldots & \ldots & \ldots & \ldots \end{pmatrix}$$

This is $N \times N$ matrix. Let’s call its determinant $D_N$. We then see

$$D_N = (-m\omega^2 + 2k)D_{N-1} - k^2 D_{N-2}, \quad D_1 = -m\omega^2 + 2k, \quad D_2 = (-m\omega^2 + 2k)^2 - k^2$$

This is a linear difference equation with constant coefficients. The solution should be of the form $D_N = a^N$. Then we have

$$a^2 = (-m\omega^2 + 2k)a - k^2, \quad a = \frac{-m\omega^2 + 2k \pm i \sqrt{m\omega^2(4k - m\omega^2)}}{2}.$$ 

So the general solution and initial conditions are

$$D_N = Aa^{N-1} + \bar{A}\bar{a}^{N-1}, \quad A + \bar{A} = -m\omega^2 + 2k, \quad Aa + \bar{A}\bar{a} = (-m\omega^2 + 2k)^2 - k^2.$$
The solution is $A = \frac{a^2}{a-a}$. Now in order to find the normal frequencies we need to solve the following equation for $\omega$.

$$D_N = \frac{a^2}{a-a}a^{N-1} - \frac{a^2}{a-a}a^{N-1} = 0,$$

or $\left(\frac{a}{a}\right)^{N+1} = 1$.

We now say that $a = ke^{i\phi}$, $|a|^2 = k^2$ where $\cos \phi = \frac{-m\omega^2 - 2k}{2k}$ then

$$e^{2i\phi(N+1)} = 1, \quad 2\phi(N+1) = 2\pi n, \quad \text{where} \quad n = 1 \ldots N.$$

So we have

$$\cos \phi = \cos \frac{\pi n}{N + 1} = \frac{-m\omega^2 - 2k}{2k}, \quad \omega_n^2 = 4\frac{k}{m} \sin^2 \frac{\pi n}{2(N + 1)}.$$


From the Lagrangian we find the equations of motion

$$\ddot{x}_i = -\frac{k}{m} (2x_i - x_{i+1} - x_{i-1}), \quad x_0 = x_{N+1} = 0.$$

We look for the solution in the form

$$x_i = \sin(\beta i) \sin(\omega t), \quad \sin \beta(N + 1) = 0.$$

Substituting this guess into the equation we get

$$-\omega^2 \sin(\beta j) = -\frac{k}{m} (2\sin(\beta j) - \sin(\beta(j + 1) - \sin(\beta(j - 1)))$$

$$= -\frac{k}{m} \Im \left(2e^{i\beta} - e^{i(j+1)\beta} - e^{i(j-1)\beta}\right) = -\frac{k}{m} \Im e^{i\beta} \left(2 - e^{i\beta} - e^{-i\beta}\right) = \frac{k}{m} \Im e^{i\frac{\beta}{2}} \left(e^\frac{i\beta}{2} - e^{-i\frac{\beta}{2}}\right)^2$$

$$= -4\frac{k}{m} \Im \sin^2(\beta/2) = -4\frac{k}{m} \sin(j\beta) \sin^2(\beta/2).$$

So we have

$$\omega^2 = 4\frac{k}{m} \sin^2(\beta/2),$$

but $\beta$ must be such that $\sin \beta(N + 1) = 0$, so $\beta = \frac{\pi n}{N+1}$, and we have

$$\omega_n^2 = 4\frac{k}{m} \sin^2 \frac{\pi n}{2(N + 1)}, \quad n = 1, \ldots, N.$$


The potential energy of a (2D) rope of shape $y(x)$ is $T \int_0^L \sqrt{1 + y'^2} dx \approx T \int_0^L \frac{1}{2} y'^2 dx$. The kinetic energy is $\int_0^L \frac{1}{2} \rho \dot{y}^2 dx$, so the Lagrangian is

$$L = \int_0^L \left(\frac{1}{2} \rho \dot{y}^2 - \frac{T}{2} y'^2\right) dx, \quad y(0) = y(L) = 0.$$

In order to find the normal modes we need to decide on the coordinates in our space of functions $y(x, t)$. We will use a standard Fourier basis $\sin kx$ and write any function as

$$y(x, t) = \sum_k A_{k,t} \sin kx, \quad \sin kL = 0.$$
The constants $A_{k,t}$ are the coordinates in the Fourier basis. We then have

$$L = \frac{L}{2} \sum_k \left( \frac{\rho}{2} A_k^2 - \frac{T}{2} k^2 A_k^2 \right)$$

We see, that it is just a set of decoupled harmonic oscillators and $k$ just enumerates them. The normal frequencies are

$$\omega_k^2 = \frac{T}{\rho k^2}, \quad \omega = \sqrt{\frac{T}{\rho}}.$$. 
LECTURE 22


22.1. Kinematics.

We will use two different systems of coordinates $XYZ$ — fixed, or external inertial system of coordinates, and $xyz$ the moving, or internal system of coordinates which is attached to the body itself and moves with it.

Let’s $\vec{R}$ be radius vector of the center of mass $O$ of a body with respect to the external frame of reference, $\vec{r}$ be the radius vector of any point $P$ of the body with respect to the center of mass $O$, and $\vec{r}$ the radius vector of the point $P$ with respect to the external frame of reference: $\vec{r} = \vec{R} + \vec{r}$. For any infinitesimal displacement $d\vec{r}$ of the point $P$ we have

$$d\vec{r} = d\vec{R} + d\vec{r} = d\vec{R} + d\vec{\phi} \times \vec{r}.$$ 

Or dividing by $dt$ we find the velocity of the point $P$ as

$$\vec{v} = \vec{V} + \vec{\Omega} \times \vec{r}, \quad \vec{v} = \frac{d\vec{r}}{dt}, \quad \vec{V} = \frac{d\vec{R}}{dt}, \quad \vec{\Omega} = \frac{d\vec{\phi}}{dt}.$$ 

Notice, that $\phi$ is not a vector, while $d\vec{\phi}$ is.

In the previous calculation the fact that $O$ is a center of mass has not been used, so for any point $O'$ with a radius vector $\vec{R}' = \vec{R} + \vec{a}$ we find the radius vector of the point $P$ to be $\vec{r}' = \vec{r} - \vec{a}$, and we must have $\vec{v} = \vec{V}' + \vec{\Omega}' \times \vec{r}'$. Now substituting $\vec{r} = \vec{r} + \vec{a}$ into $\vec{v} = \vec{V} + \vec{\Omega} \times \vec{r}$ we get $\vec{v} = \vec{V} + \vec{\Omega} \times \vec{a} + \vec{\Omega} \times \vec{r}'$. So we conclude that

$$\vec{V}' = \vec{V} + \vec{\Omega} \times \vec{a}, \quad \vec{\Omega}' = \vec{\Omega}.$$ 

The last equation shows, that the vector of angular velocity is the same and does not depend on the particular moving system of coordinates. So $\vec{\Omega}$ can be called the angular velocity of the body.

If at some instant the vectors $\vec{V}$ and $\vec{\Omega}$ are perpendicular for some choice of $O$, then they will be perpendicular for any other $O'$: $\vec{\Omega} \cdot \vec{V} = \vec{\Omega} \cdot \vec{V}'$. Then it is possible to solve the equation $\vec{V} + \vec{\Omega} \times \vec{a} = 0$. So in this case there exist a point (it may be outside of the body) with respect to which the whole motion is just a rotation. The line parallel to $\vec{\Omega}$ which goes through this
point is called “instantaneous axis of rotation”. (In the general case the instantaneous axis can be made parallel to $\vec{V}$.)

- In general both the magnitude and the direction of $\vec{\Omega}$ are changing with time, so is the “instantaneous axis of rotation”.

### 22.2. Kinetic energy.

The total kinetic energy of a body is the sum of the kinetic energies of its parts. Let’s take the origin of the moving system of coordinates to be in the center of mass. Then

$$K = \frac{1}{2} \sum m_\alpha v_\alpha^2 = \frac{1}{2} \sum m_\alpha \left( \vec{V} + \vec{\Omega} \times \vec{r}_\alpha \right)^2 = \frac{1}{2} \sum m_\alpha \vec{V}^2 + \sum m_\alpha \vec{V} \cdot \vec{\Omega} \times \vec{r}_\alpha + \frac{1}{2} \sum m_\alpha \left[ \vec{\Omega} \times \vec{r}_\alpha \right]^2$$

$$= \frac{MV^2}{2} + \vec{V} \cdot \vec{\Omega} \times \sum m_\alpha \vec{r}_\alpha + \frac{1}{2} \sum m_\alpha \left[ \vec{\Omega} \times \vec{r}_\alpha \right]^2$$

For the center of mass $\sum m_\alpha \vec{r}_\alpha = 0$ and we have

$$K = \frac{MV^2}{2} + \frac{1}{2} \sum m_\alpha \left( \vec{r}_\alpha^2 - \vec{\Omega} \cdot \vec{r}_\alpha \right)^2$$

where

$$I_{ij} = \sum m_\alpha \left( \delta_{ij} \vec{r}_\alpha^2 - r_{i\alpha} r_{j\alpha} \right).$$

$I_{ij}$ is the tensor of inertia. This tensor is symmetric and positive definite. The diagonal components of the tensor are called moments of inertia.

### 22.3. Angular momentum

The origin is at the center of mass. So we have

$$\vec{M} = \sum m_\alpha \vec{r}_\alpha \times \vec{v}_\alpha = \sum m_\alpha \vec{r}_\alpha \times \left( \vec{\Omega} \times \vec{r}_\alpha \right) = \sum m_\alpha \left( r_{i\alpha} \vec{\Omega} - \vec{r}_\alpha \left( \vec{r}_\alpha \cdot \vec{\Omega} \right) \right)$$

Writing this in components we have

$$M_i = I_{ij} \Omega^j.$$

- In general the direction of angular momentum $\vec{M}$ and the direction of the angular velocity $\vec{\Omega}$ do not coincide.

### 22.4. Tensor of inertia.

Tensor of inertia is a symmetric tensor of rank two. As any such tensor it can be reduced to a diagonal form by an appropriate choice of the moving axes. Such axes are called the principal axes of inertia. The diagonal components $I_1$, $I_2$, and $I_3$ are called the principal moments of inertia. In this axes the kinetic energy is simply

$$K = \frac{I_1 \Omega^2}{2} + \frac{I_2 \Omega^2}{2} + \frac{I_3 \Omega^2}{2}.$$

(a) If all three principal moments of inertia are different, then the body is called “asymmetrical top”.

(b) If two of the moments coincide and the third is different, then it is called “symmetrical top”.

(c) If all three coincide, then it is “spherical top”.

LECTURE 22. MOTION OF A RIGID BODY. KINEMATICS. KINETIC ENERGY. MOMENTUM. TENSOR OF INERTIA.

For any plane figure if \( z \) is perpendicular to the plane, then \( I_1 = \sum m_\alpha y_\alpha^2, \ I_2 = \sum m_\alpha x_\alpha^2, \) and \( I_3 = \sum m_\alpha(x_\alpha^2 + y_\alpha^2) = I_1 + I_2. \) If symmetry demands that \( I_1 = I_2, \) then \( \frac{1}{2}I_3 = I_1. \) Example: a disk, a square.

If the body is a line, then (if \( z \) is along the line) \( I_1 = I_2, \) and \( I_3 = 0. \) Such system is called “rotator”.


LECTURE 23

Motion of a rigid body. Rotation of a symmetric top. Euler angles.

Spherical top.

Arbitrary top rotating around one of its principal axes.

Consider a free rotation of a symmetric top $I_x = I_y \neq I_z$, where $x$, $y$, and $z$ are the principal axes. The direction of the angular momentum does not coincide with the direction of any principle axes. Let’s say, that the angle between $\vec{M}$ and the moving axes $z$ at some instant is $\theta$. We chose as the axis $x$ the one that is in plane with the two vectors $\vec{M}$ and $\hat{z}$.

During the motion the total angular momentum is conserved.

The whole motion can be thought as two rotations one the rotation of the body around the axes $z$ and the other, called precession, is the rotation of the axis $z$ around the direction of the vector $\vec{M}$.

At the instant the projection of the angular momentum on the $z$ axis is $M \cos \theta$. This must be equal to $I_z \Omega_z$. So we have

$$\Omega_z = \frac{M}{I_z} \cos \theta.$$ 

In order to find the angular velocity of precession we write

$$\vec{\Omega} = \frac{\vec{M}}{M} \Omega_{pr} + \Omega_z \hat{z},$$

and multiply this equation by $\hat{x}$. We find

$$\Omega_x = \Omega_{pr} \sin \theta.$$ 

On the other hand

$$\vec{M} = \Omega_z I_z \hat{z} + \Omega_x I_x \hat{x},$$

multiplying this again by $\hat{x}$ we find

$$M \sin \theta = \Omega_x I_x, \quad \Omega_x = \frac{M}{I_x} \sin \theta.$$ 

hence

$$\Omega_{pr} = \frac{M}{I_x}.$$
23.1. Euler’s angles

The total rotation of a rigid body is described by three angles. There are different ways to parametrize rotations. Here we consider what is called Euler’s angles.

The fixed coordinates are $XYZ$, the moving coordinates $xyz$. The plane $xy$ intersects the plane $XY$ along the line $ON$ called the line of nodes.

The angle $\theta$ is the angle between the $Z$ and $z$ axes. The angle $\phi$ is the angle between the $X$ axes and the line of nodes, and the angle $\psi$ is the angle between the $x$ axes and the line of nodes. The angle $\theta$ is from $0$ to $\pi$, the $\phi$ and $\psi$ angles are from $0$ to $2\pi$.

I need to find the components of the angular velocity $\vec{\Omega}$ of in the moving frame and the time derivative of the angles $\dot{\theta}$, $\dot{\phi}$, and $\dot{\psi}$.

(a) The vector $\vec{\theta}$ is along the line of nodes, so its components along $x$, $y$, and $z$ are $\dot{\theta}_x = \dot{\theta} \cos \psi$, $\dot{\theta}_y = -\dot{\theta} \sin \psi$, and $\dot{\theta}_z = 0$.

(b) The vector $\vec{\phi}$ is along the $Z$ direction, so its component along $z$ is $\dot{\phi}_z = \dot{\phi} \cos \theta$. Its components along $x$ and $y$ are $\dot{\phi}_y = \dot{\phi} \sin \theta \cos \psi$, and $\dot{\phi}_x = \dot{\phi} \sin \theta \sin \psi$.

(c) The vector $\vec{\psi}$ is along the $z$ direction, so $\dot{\psi}_z = \dot{\psi}$, and $\dot{\psi}_x = \dot{\psi}_y = 0$.

We now collect all angular velocities along each axis as $\Omega_x = \dot{\theta}_x + \dot{\phi}_x + \dot{\psi}_x$ etc. and find

\[
\begin{align*}
\Omega_x &= \dot{\theta} \cos \psi + \dot{\phi} \sin \theta \sin \psi \\
\Omega_y &= -\dot{\theta} \sin \psi + \dot{\phi} \sin \theta \cos \psi \\
\Omega_z &= \dot{\phi} \cos \theta + \dot{\psi}
\end{align*}
\]

These equations allow us to first solve problem in the moving system of coordinates, find $\Omega_x$, $\Omega_y$, and $\Omega_z$, and then calculate $\dot{\theta}$, $\dot{\phi}$, and $\dot{\psi}$.

Consider the symmetric top again $I_y = I_x$. We take $Z$ to be the direction of the angular momentum. We can take the axis $x$ coincide with the line of nodes. Then $\psi = 0$, and we have $\Omega_x = \dot{\theta}$, $\Omega_y = \dot{\phi} \sin \theta$, and $\Omega_z = \dot{\phi} \cos \theta + \dot{\psi}$.

The components of the angular momentum are $M_x = I_x \Omega_x = I_x \dot{\theta}$, $M_y = I_y \Omega_y = I_x \dot{\phi} \sin \theta$, and $M_z = I_z \Omega_z$. On the other hand $M_z = M \cos \theta$, $M_x = 0$, and $M_y = M \sin \theta$. Comparing those we find

\[
\begin{align*}
\dot{\theta} &= 0, \quad \Omega_{\theta} = \dot{\phi} = \frac{M}{I_x}, \quad \Omega_z = \frac{M}{I_z} \cos \theta.
\end{align*}
\]
LECTURE 24
Symmetric top in gravitational field.

The angles are unconstrained and change $0 < \theta < \pi$, $0 < \psi, \phi < 2\pi$.

We want to consider the motion of the symmetric top ($I_x = I_y$) whose lowest point is fixed. We call this point $O$. The line $ON$ is the line of nodes. The Euler angles $\theta, \phi, \psi$ fully describe the orientation of the top.

Instead of defining the tensor of inertia with respect to the center of mass, we will define it with respect to the point $O$. The principal axes which go through this point are parallel to the ones through the center of mass. The principal moment $I_z$ does not change under such shift, the principal moment with respect to the axes $x$ and $y$ become by $I = I_x + ml^2$, where $l$ is the distance from the point $O$ to the center of mass.

$$
\Omega_x = \dot{\theta} \cos \psi + \dot{\phi} \sin \theta \sin \psi
$$

$$
\Omega_y = -\dot{\theta} \sin \psi + \dot{\phi} \sin \theta \cos \psi
$$

$$
\Omega_z = \dot{\phi} \cos \theta + \dot{\psi}
$$

The kinetic energy of the symmetric top is

$$
K = \frac{I_z}{2} \Omega_z^2 + \frac{1}{2} \left( \Omega_x^2 + \Omega_y^2 \right) = \frac{I_z}{2} (\dot{\psi} + \dot{\phi} \cos \theta)^2 + \frac{I}{2} (\dot{\theta}^2 + \dot{\phi}^2 \sin^2 \theta)
$$

The potential energy is simply $mgl \cos \theta$, so the Lagrangian is

$$
L = \frac{I_z}{2} (\dot{\psi} + \dot{\phi} \cos \theta)^2 + \frac{I}{2} (\dot{\theta}^2 + \dot{\phi}^2 \sin^2 \theta) - mgl \cos \theta
$$

We see that the Lagrangian does not depend on $\phi$ and $\psi$ – this is only correct for the symmetric top. The corresponding momenta $M_Z = \frac{\partial L}{\partial \dot{\phi}}$ and $M_3 = \frac{\partial L}{\partial \dot{\psi}}$ are conserved.

$$
M_3 = I_z (\dot{\psi} + \dot{\phi} \cos \theta), \quad M_Z = (I \sin^2 \theta + I_z \cos^2 \theta) \dot{\phi} + I_z \dot{\psi} \cos \theta.
$$
The energy is also conserved

\[ E = \frac{I_z}{2}(\dot{\psi} + \dot{\phi} \cos \theta)^2 + \frac{I}{2}(\dot{\theta}^2 + \dot{\phi}^2 \sin^2 \theta) + mgl \cos \theta. \]

The values of \( M_Z, M_3, \) and \( E \) are given by the initial conditions.

So we have three unknown functions \( \theta(t), \phi(t), \) and \( \psi(t) \) and three conserved quantities. The conservation lows then completely determine the whole motion.

From equations for \( M_Z \) and \( M_3 \) we have

\[ \dot{\phi} = \frac{M_Z - M_3 \cos \theta}{I \sin^2 \theta} \quad \dot{\psi} = \frac{M_3}{I_3} - \cos \theta \frac{M_Z - M_3 \cos \theta}{I \sin^2 \theta} \]

We then substitute the values of the \( \dot{\phi} \) and \( \dot{\psi} \) into the expression for the energy and find

\[ E' = \frac{1}{2} I \dot{\theta}^2 + U_{eff}(\theta), \]

where

\[ E' = E - \frac{M_3^2}{2I_z} - mgl, \quad U_{eff}(\theta) = \frac{(M_Z - M_3 \cos \theta)^2}{2I \sin^2 \theta} - mgl(1 - \cos \theta). \]

This is an equation of motion for a 1D motion, so we get

\[ t = \sqrt{\frac{I}{2}} \int \frac{d\theta}{\sqrt{E' - U_{eff}(\theta)}}. \]

This is an elliptic integral.

The effective potential energy goes to infinity when \( \theta \to 0, \pi \). The function \( \theta \) oscillates between \( \theta_{min} \) and \( \theta_{max} \) which are the solutions of the equation \( E' = U_{eff}(\theta) \). These oscillations are called nutations. As \( \dot{\phi} = \frac{M_Z - M_3 \cos \theta}{I \sin^2 \theta} \) the motion depends on weather \( M_Z - M_3 \cos \theta \) changes sign in between \( \theta_{min} \) and \( \theta_{max} \).

We can find a condition for the stable rotation about the \( Z \) axes. For such rotation \( M_3 = M_Z \), so the effective potential energy is

\[ U_{eff} = \frac{M_3^2}{2I} \sin^2(\theta/2) - 2mgl \sin^2(\theta/2) \approx \left( \frac{M_3^2}{8I} - \frac{1}{2} mgl \right) \theta^2, \]

where the last is correct for small \( \theta \). We see, that the rotation is stable if \( M_3^2 > 4I mgl \), or \( \Omega_z^2 > \frac{4Imgl}{I_z} \).

Now assuming that \( M_3^2 \approx 4Imgl \) we can find the effective energy close to the instability by going to the fourth order in \( \theta \). We get

\[ U_{eff} \approx \frac{1}{2} mgl \left[ \left( \frac{M_3^2}{4Imgl} - 1 \right) \theta^2 + \frac{1}{12} \theta^4 \right]. \]

24.1. Euler equations.

Let’s write the vector \( \vec{M} \) in the following form

\[ \vec{M} = I_x \Omega_x \hat{x} + I_y \Omega_y \hat{y} + I_z \Omega_z \hat{z}. \]
I want to use the fact that the angular momentum is conserved $\hat{M} = 0$. In order to differentiate the above equation I need to use $\hat{x} = \vec{\Omega} \times \hat{x}$ etc, then

$$0 = \hat{M} = I_x \hat{\Omega}_x \hat{x} + I_y \hat{\Omega}_y \hat{y} + I_z \hat{\Omega}_z \hat{z} + I_x \Omega_x \vec{\Omega} \times \hat{x} + I_y \Omega_y \vec{\Omega} \times \hat{y} + I_z \Omega_z \vec{\Omega} \times \hat{z}.$$

Multiplying the above equation by $\hat{x}$, will find

$$0 = I_x \hat{\Omega}_x + I_y \Omega_y \vec{\Omega} \cdot [\hat{y} \times \hat{x}] + I_z \Omega_z \vec{\Omega} \cdot [\hat{z} \times \hat{x}],$$

or

$$I_x \hat{\Omega}_x = (I_y - I_z) \Omega_y \Omega_z.$$

Analogously for $\hat{y}$ and $\hat{z}$, and we get the Euler equations:

$$I_x \hat{\Omega}_x = (I_y - I_z) \Omega_y \Omega_z$$
$$I_y \hat{\Omega}_y = (I_z - I_x) \Omega_z \Omega_x$$
$$I_z \hat{\Omega}_z = (I_x - I_y) \Omega_x \Omega_y$$

One can immediately see, that the energy is conserved.
For a symmetric top $I_y = I_x$ we find that $\Omega_z = \text{const.}$, then denoting $\omega = \Omega_z \frac{I_z - I_x}{I_x}$ we get

$$\dot{\Omega}_x = -\omega \Omega_y$$
$$\dot{\Omega}_y = \omega \Omega_x$$

The solution is

$$\Omega_x = A \cos \omega t, \quad \Omega_y = A \sin \omega t.$$

So the vector $\vec{\Omega}$ rotates around the $z$ axis with the frequency $\omega$. So does the vector $\vec{M}$ – this is the picture in the moving frame of reference. It is the same as the one before.
24.2. Stability of the free rotation of a asymmetric top.

Conservation of energy and the magnitude of the total angular momentum read

\[
\frac{I_x \Omega_x^2}{2} + \frac{I_y \Omega_y^2}{2} + \frac{I_z \Omega_z^2}{2} = E
\]

\[
I_x^2 \Omega_x^2 + I_y^2 \Omega_y^2 + I_z^2 \Omega_z^2 = M^2
\]

In terms of the components of the angular momentum these equations read

\[
\frac{M_x^2}{2I_x} + \frac{M_y^2}{2I_y} + \frac{M_z^2}{2I_z} = E
\]

\[
M_x^2 + M_y^2 + M_z^2 = M^2
\]

The first equation describes an ellipsoid with the semiaxes \(\sqrt{2I_x}E\), \(\sqrt{2I_y}E\), and \(\sqrt{2I_z}E\). The second equation describes a sphere of a radius \(M\). The initial conditions give us \(E\) and \(M\), the true solution must satisfy the conservation lows at all times. So the vector \(\vec{M}\) will lie on the lines of intersection of the ellipsoid, and sphere. Notice, how different these lines
LECTURE 25
Statics. Strain and Stress.

Static conditions:

• Sum of all forces is zero. \( \sum \vec{F}_i = 0 \).
• Sum of all torques is zero: \( \sum \vec{r}_i \times \vec{F}_i = 0 \).

If the sum of all forces is zero, then the torque condition is independent of where the coordinate origin is.

\[
\sum (\vec{r}_i + \vec{a}) \times \vec{F}_i = \sum \vec{r}_i \times \vec{F}_i + \vec{a} \times \sum \vec{F}_i
\]

Examples

• A bar on two supports.
• A block with two legs moving on the floor with \( \mu_1 \) and \( \mu_2 \) coefficients of friction.
• A ladder in a corner.

A problem for students in class:

• A bar on three supports.

Elastic deformations:

• Continuous media. Scales.
• Small, only linear terms.
• No nonelastic effects.
• Static.
• Isothermal.

25.1. Strain

Let the unstrained lattice be given positions \( x_i \) and the strained lattice be given positions \( x'_i = x_i + u_i \). The distance \( dl \) between two points in the unstrained lattice is given by \( dl^2 = dx_i^2 \). The distance \( dl'^2 \) between two points in the strained lattice is given by

\[
dl'^2 = dx'_i^2 = (dx_i + du_i)^2 = dx_i^2 + 2dx_idu_i + du_i^2 \]
\[
= dl^2 + 2 \frac{\partial u_i}{\partial x_k} dx_i dx_k + \frac{\partial u_i}{\partial x_j} \frac{\partial u_i}{\partial x_k} dx_j dx_k \]
\[
= dl^2 + 2u_{ik} dx_i dx_k,
\]

(25.1)
where
\[ u_{ik} = \frac{1}{2} \left( \frac{\partial u_i}{\partial x_k} + \frac{\partial u_k}{\partial x_i} \right) \]

Normally we will take only the case of small strains, for which
\[ u_{ik} \approx \frac{1}{2} \left( \frac{\partial u_i}{\partial x_k} + \frac{\partial u_k}{\partial x_i} \right). \]

Can diagonalize the real symmetric \( u_{ik} \), and get orthogonal basis set. In that local frame \((1, 2, 3)\) have \( dx'_1 = dx_1(1 + u_{11}) \), etc. Hence the new volume is given by
\[ dV' = dx'_1 dx'_2 dx'_3 \approx dx_1 dx_2 dx_3 (1 + u_{11} + u_{22} + u_{33}) \]
\[ = dV (1 + u_{ii}), \]
where the trace \( u_{ii} \) is invariant to the coordinate system used. Hence the fractional change in the volume is given by
\[ \frac{\delta(dV)}{dV} = u_{ii}. \]

### 25.2. Stress

The forces are considered to be short range.

Consider a volume \( V \) that is acted on by internal stresses. The force on it due to the internal stresses is given by
\[ \mathbf{F}_i = \int \frac{dF_i}{dV} dV = \int F_i dV. \]

However, because the forces are short-range it should also be possible to write them as an integral over the surface element \( dS_i = n_i dS \), where \( \hat{n} \) is the outward normal (L&L use \( df_i \) for the surface element). Thus we expect that
\[ F_i = \int \sigma_{ij} dS_j \]
for some \( \sigma_{ij} \). Thinking of it as a set of three vectors (labeled by \( i \)) with vector index \( j \), we can apply Gauss’s Theorem to rewrite this as
\[ F_i = \int \frac{\partial \sigma_{ij}}{\partial x_j} dV, \]
so comparison of the two volume integrals gives
\[ F_i = \frac{\partial \sigma_{ij}}{\partial x_j}. \]
Because there are no self-forces (by Newton’s Third Law), these forces must come from material that is outside \( V \).

In equilibrium when only the internal stresses act we have \( F_i = \frac{\partial \sigma_{ij}}{\partial x_j} = 0 \). If there is a long-range force, such as gravity acting, with force \( F_{iG} = \rho g_i \), where \( \rho \) is the mass density and \( g_i \) is the gravitational field, then in equilibrium \( F_i + F_{iG} = 0 \). This latter case is important for objects with relatively small elastic constant per unit mass, because then they must distort significantly in order to support their weight.
When no surface force is applied, the stress at the surface is zero. When there is a surface force $P_i$ per unit area, this determines the stress force $\sigma_{ij}\hat{n}_j$, so

$$P_i = \sigma_{ij}\hat{n}_j$$  \hspace{1cm} (25.10)

If the surface force is a pressure, then $P_i = -P\hat{n}_i = \sigma_{ij}\hat{n}_j$. The only way this can be true for any $\hat{n}$ is if

$$\sigma_{ij} = -P\delta_{ij}.$$  \hspace{1cm} (25.11)

Just as the force due to the internal stresses should be written as a surface integral, so should the torque. Each of the three torques is an antisymmetric tensor, so we consider

$$M_{ik} = \int (F_ix_k - F_kx_i)\,dV = \int \left( \frac{\partial\sigma_{ij}}{\partial x_j}x_k - \frac{\partial\sigma_{kj}}{\partial x_j}x_i \right)\,dV$$

$$= \int \left( \frac{\partial \sigma_{ij}x_k}{\partial x_j} - \frac{\partial \sigma_{kj}x_i}{\partial x_j} - (\sigma_{ik} - \sigma_{ki}) \right)\,dV$$

$$= \int (\sigma_{ij}x_k - \sigma_{kj}x_i)\,dS_j - \int (\sigma_{ik} - \sigma_{ki})\,dV.$$  \hspace{1cm} (25.12)

To eliminate the volume term we require that

$$\sigma_{ik} = \sigma_{ki}.$$  \hspace{1cm} (25.13)
26.1. Work by Internal Stresses

If there is a displacement $\delta u_i$, the work per unit volume done on $V$ by the internal stress force $F_i$ (due to material outside $V$) is given by $\delta R = F_i \delta u_i$. Hence the total work done by the internal stresses is given by

$$\delta W = \int \delta R dV = \int F_i \delta u_i dV = \int \frac{\partial \sigma_{ij}}{\partial x_j} \delta u_i dV$$

(26.1)

If we transform the first integral to a surface integral, by Gauss’s Theorem, and take $\delta u_i = 0$ on the surface — we fix the boundary, then we eliminate the first term. If we use the symmetry of $\sigma_{ik}$ and the small-amplitude form of the strain, then the last term can be rewritten so that we deduce that

$$\delta R = -\sigma_{ik} \delta u_{ki}.$$  

(26.2)

26.1.1. Thermodynamics

We now assume the system to be in thermodynamic equilibrium. Using the energy density $d\epsilon$ and the entropy density $s$, the first law of thermodynamics gives

$$d\epsilon = Tds - dR = Tds + \sigma_{ik} du_{ki}.$$  

(26.3)

Defining the free energy density $F = \epsilon - Ts$ we have

$$dF = -sdT + \sigma_{ik} du_{ki}.$$  

(26.4)

In the next section we consider the form of the free energy density as a function of $T$ and $u_{ik}$.

26.2. Elastic Energy

The elastic equations must be linear, as this is the accuracy which we work with. The energy density then must be quadratic in the strain tensor. We thus need to construct a scalar out
of the strain tensor in the second order. If we assume that the body is isotropic, then the
only way to do that is:

\[(26.5)\]

\[F = F_0 + \frac{1}{2} \lambda u_{ii}^2 + \mu u_{ik}^2.\]

Here \(\lambda\) and \(\mu\) are the only parameters (in the isotropic case). They are called Lamé coeffi-
cients, and in particular \(\mu\) is called the shear modulus or modulus of rigidity. Note that \(u_{ii}\)
is associated with a volume change, by \(25.5\). The quantity

\[(26.6)\]

\[\tilde{u}_{ik} = u_{ik} - \frac{1}{3} \delta_{ik} u_{jj}\]

satisfies \(\tilde{u}_{ii} = 0\), and is said to describe a pure shear.

With this definition we have

\[(26.7)\]

\[u_{ik} = \tilde{u}_{ik} + \frac{1}{3} \delta_{ik} u_{jj}\]

\[(26.8)\]

\[u_{ik}^2 = \tilde{u}_{ik}^2 + \frac{2}{3} \tilde{u}_{ii} u_{kk} + \frac{1}{3} u_{jj}^2 = \tilde{u}_{ik}^2 + \frac{1}{3} u_{jj}^2.\]

Hence \(26.5\) becomes

\[(26.9)\]

\[F = F_0 + \frac{1}{2} \lambda u_{ii}^2 + \mu (\tilde{u}_{ik}^2 + \frac{1}{3} u_{jj}^2) = F_0 + \frac{1}{2} K u_{ii}^2 + \mu u_{ik}^2. \quad (K \equiv \lambda + \frac{2}{3} \mu)\]

In this form the two elastic terms are independent of one another. For the elastic energy to
correspond to a stable system, each of them must be positive, so \(K > 0\) and \(\mu > 0\).

26.2.1. Stress

On varying \(u_{ik}\) at fixed \(T\) the free energy of \(26.9\) changes by

\[dF = K u_{ii} du_{kk} + 2 \mu \tilde{u}_{ik} d\tilde{u}_{ik} = K u_{ii} du_{kk} + 2 \mu \tilde{u}_{ik} (du_{ik} - \frac{1}{3} \delta_{ik} du_{jj})\]

\[(26.10)\]

\[= K u_{ii} du_{kk} + 2 \mu \tilde{u} du_{ik} = K u_{jj} \delta_{ik} du_{ik} + 2 \mu \left(u_{ik} - \frac{1}{3} \delta_{ik} u_{jj}\right) du_{ik},\]

so comparison with \(26.4\) gives

\[(26.11)\]

\[\sigma_{ik} = K u_{jj} \delta_{ik} + 2 \mu (u_{ik} - \frac{1}{3} \delta_{ik} u_{jj}).\]

Note that \(\sigma_{jj} = 3 K u_{jj}\), so that

\[(26.12)\]

\[u_{jj} = \frac{\sigma_{jj}}{3K}.\]

We now solve \(26.11\) for \(u_{ik}\):

\[u_{ik} = \frac{1}{3} \delta_{ik} u_{jj} + \frac{\sigma_{ik} - K u_{jj} \delta_{ik}}{2 \mu}\]

\[= \frac{\sigma_{ik}}{2 \mu} + \delta_{ik} \left(\frac{1}{3} - \frac{K}{2 \mu}\right) \frac{\sigma_{jj}}{3K}\]

\[(26.13)\]

\[= \delta_{ik} \frac{\sigma_{jj}}{9K} + \frac{\sigma_{ik} - \frac{1}{3} \sigma_{jj} \delta_{ik}}{2 \mu}.\]

In the above the first term has a finite trace and the second term has zero trace.
27.1. Bulk Modulus and Young’s Modulus

For hydrostatic compression \( \sigma_{ik} = -P \delta_{ik} \), so (26.12) gives

\[
\begin{align*}
    u_{jj} &= -\frac{P}{K} \quad \text{(hydrostatic compression)}
\end{align*}
\]

We can think of this as being a \( \delta u_{jj} \) that gives a \( \delta V/V \), by (25.5), due to \( P = \delta P \), so

\[
\frac{1}{K} = -\frac{\delta u_{jj}}{\delta P} = -\left. \frac{1}{V} \frac{\partial V}{\partial P} \right|_T.
\]

Now let there be a compressive force per unit area \( P \) along \( z \) for a system with normal along \( z \), so that \( \sigma_{zz} = -P \), but \( \sigma_{xx} = \sigma_{yy} = 0 \), \( \sigma_{ii} = -P \). By (26.13) we have \( u_{ik} = 0 \) for \( i \neq k \), and

\[
\begin{align*}
    u_{xx} &= u_{yy} = \frac{P}{3} \left( \frac{1}{2\mu} - \frac{1}{3K} \right),
\end{align*}
\]

\[
\begin{align*}
    u_{zz} &= -\frac{P}{3} \left( \frac{1}{3K} + \frac{1}{\mu} \right) = -\frac{P}{E}, \quad E \equiv \frac{9K\mu}{3K + \mu}.
\end{align*}
\]

Notice, that for positive pressure (compression) \( u_{zz} \) is always negative, as both \( K > 0 \) and \( \mu > 0 \), and hence \( E > 0 \).

The coefficient of \( P \) is called the \textit{coefficient of extension}. Its inverse \( E \) is called \textit{Young’s modulus}, or the \textit{modulus of extension}.

In particular a spring constant can be found by

\[
\Delta z = u_{zz}L = -\frac{PL}{E} = -\frac{L}{AE} F, \quad k = \frac{AE}{L}
\]

We now define \textit{Poisson’s ratio} \( \sigma \) via

\[
\begin{align*}
    u_{xx} &= -\sigma u_{zz}.
\end{align*}
\]

Then we find that

\[
\begin{align*}
    \sigma &= -\frac{u_{xx}}{u_{zz}} = \frac{(\frac{1}{2\mu} - \frac{1}{3K})}{(\frac{1}{3K} + \frac{1}{\mu})} = \frac{1}{2} \frac{3K - 2\mu}{3K + \mu}.
\end{align*}
\]
Since $K$ and $\mu$ are positive, the maximum value for $\sigma$ is $\frac{1}{2}$ and the minimum value is $-1$. All materials in Nature (except some) have $\sigma > 0$.

It is instructive to see, how the volume changes in this experiment

$$\delta V/V = u_{ii} = u_{zz} + u_{xx} + u_{yy} = (1 - 2\sigma)u_{zz}. $$

In particular if $\sigma = 1/2$, then $\delta V = 0$. This is a liquid. One can also see, that $\sigma = 1/2$ means $\mu = 0$.

Often one uses $E$ and $\sigma$ instead of $K$ and $\mu$. We leave it to the reader to show that

\begin{align}
\lambda &= \frac{E\sigma}{(1 - 2\sigma)(1 + \sigma)}, \\
\mu &= \frac{E}{2(1 + \sigma)}, \\
K &= \frac{E}{3(1 - 2\sigma)}.
\end{align}

27.2. Twisted rod.

Let’s take a circular rod of radius $a$ and length $L$ and twist its end by a small angle $\theta$. We want to calculate the torque required for that.

- We first guess the right solution.

Two cross-section a distance $dz$ from each other are twisted by the angle $\frac{\theta}{L}dz$ with respect to each other. So a point at distance $r$ from the center on the cross-section at $z + dz$ is shifted by the vector $du = r\frac{\theta}{L}dz\vec{e}_\phi$ in comparison to that point in the cross-section at $z$. We thus see that the strain tensor is

$$u_{z\phi} = u_{\phi z} = \frac{1}{2} \frac{du_\phi}{dz} = \frac{1}{2} \frac{\theta}{L}$$

and all other elements are zero.

The relation between $u_{ij}$ and $\sigma_{ij}$ is local, so we can write them in any local system of coordinates. So as the strain tensor is trace-less

$$\sigma_{z\phi} = \sigma_{\phi z} = \mu r \frac{\theta}{L},$$

and all other elements are zeros.

- Notice, that for that stress tensor $\frac{\partial \sigma_{z\phi}}{\partial z} = \frac{\partial \sigma_{z\phi}}{\partial \phi} = 0$, so the condition of equilibrium is satisfied and our guess was right.

Now we calculate the torque on we need to apply to the end. To a small area $ds$ at a point at distance $r$ from the center we need to apply a force $dF_\phi \vec{e}_\phi = \sigma_{\phi z} dS \vec{e}_\phi$. The torque of this force with respect to the center is along $z$ direction and is given by $d\tau = rF_\phi = r\sigma_{\phi z} dS$. So the total torque is

$$\tau = \int r\sigma_{\phi z} dS = \int r\mu \frac{\theta}{L} r dr d\phi = \frac{\mu \theta}{L} \int r^3 dr d\phi = \frac{\pi}{2} \frac{\mu}{L} a^4 \theta.$$ 

So we can measure $\mu$ in this experiment by the following way

(a) Prepare rods of different radii and lengths.
(b) For each rod measure torque $\tau$ as a function of angle $\theta$. 

(c) For each rod plot $\tau$ as a function of $\theta$. Verify, that for small enough angle $\tau/\theta$ does not depend on $\theta$ and is just a constant. This constant is a slope of each graph at small $\theta$.

(d) Plot this constant as a function of $\frac{\pi a^4}{2L}$. Verify, that the points are on a straight line for small $\frac{\pi a^4}{2L}$. The slope of this line at small $\frac{\pi a^4}{2L}$ is the sheer modulus $\mu$. 
Small deformation of a beam.

Let’s consider a small deformation of a (narrow) beam with rectangular cross-section under gravity.

- $x$ coordinate is along undeformed beam, $y$ is perpendicular to it.
- Nothing depends on $z$.
- Part of the beam is compressed, part is stretched.
- **Neutral surface.** The coordinates of the neutral surface is $Y(x)$.
- Deformation is small, $|Y'(x)| \ll 1$.

The vector $d\vec{t} = \left( \frac{1}{Y'(x)} \right) dx \approx \vec{e}_x dx$. Under these conditions the angle $\theta(x) \approx Y'(x)$. So the change of the angle $\theta(x)$ between two near points is $d\theta = Y''(x) dx$.

The neutral surface is neither stretched, nor compressed. The line which is a distance $y$ from this surface is stretched (compressed) in $x$ direction by $du_x = y d\theta = y Y'' dx$, so we have

$$u_{xx} = \frac{\partial u_x}{\partial x} = y \frac{\partial^2 Y(x)}{\partial x^2}.$$  

- The stretching (compression) proportional to the second derivative, as the first derivative describes the uniform rotation of the beam.

There is no confining in the $y$ or $z$ directions, so we find that

$$\sigma_{xx} = -E u_{xx} = -Ey \frac{\partial^2 Y(x)}{\partial x^2}.$$  

Consider a cross-section of the beam at point $x$. The force in the $x$ direction of the $dydz$ element of the beam is $\sigma_{xx} dzdy$. The torque which acts from the left part on the right is

$$\tau(x) = \int y \sigma_{xx} dydz = -E \frac{\partial^2 Y(x)}{\partial x^2} \int y^2 dzdy = -IAE \frac{\partial^2 Y(x)}{\partial x^2}, \quad I = \frac{\int y^2 dydz}{\int dydz}.$$  

The beam is at equilibrium. So if we take a small portion of it, between $x$ and $x + dx$, the total force and torque on it must be zero. If the total $y$ component of the force in a
cross-section is \( F \), then we have

\[
F(x + dx) - F(x) = \rho g A dx, \quad \frac{\partial F}{\partial x} = \rho g A.
\]

The total torque acting on this portion is

\[
\tau(x + dx) - \tau(x) - F(x)dx + \frac{1}{2}m\rho g A(dx)^2 = 0, \quad \frac{\partial \tau}{\partial x} = F(x).
\]

From these equations we find

\[
\frac{\partial^2 \tau}{\partial x^2} = \frac{\partial F}{\partial x} = \rho g A, \quad IAE\frac{\partial^4 Y(x)}{\partial x^4} = -\rho g A.
\]

The general solution of this equation is simply

\[
Y(x) = -\frac{\rho g}{24IE}x^4 + \frac{C_3}{6}x^3 + \frac{C_2}{2}x^2 + C_1x + C_0,
\]

\[
\tau(x) = -IAE\frac{\partial^2 Y(x)}{\partial x^2}
\]

(28.1)

\[
F(x) = -IAE\frac{\partial^3 Y(x)}{\partial x^3}
\]

The constants must be found from the boundary conditions.

### 28.1. A beam with free end. Diving board.

We need to determine four unknown constants. \( C_0, C_1, C_2, \) and \( C_3 \).

We take \( y = 0 \) at \( x = 0 \) — fixing the position of one end — which gives \( C_0 = 0 \). Another condition is that at \( x = 0 \) the board is horizontal — the end is clamped,

\[
Y'(x = 0) = 0
\]

This determines \( C_1 = 0 \).

At the other end (distance \( L \)) both the force and the momentum are zero — it is a free end, so we get the conditions

\[
F(x = L) = \frac{\partial^3 Y(x)}{\partial x^3} \bigg|_{x=L} = 0, \quad \tau(x = L) = \frac{\partial^2 Y(x)}{\partial x^2} \bigg|_{x=L} = 0.
\]

These two conditions will define \( C_3 = \frac{\rho g}{IE}L \) and \( C_2 = -\frac{\rho g}{2IE}L^2 \).

\[
Y(x) = -\frac{\rho g}{24IE}x^2 \left( x^2 - 4xL + 6L^2 \right).
\]

In particular,

\[
Y(x = L) = -\frac{\rho g}{8IE}L^4.
\]

Notice the proportionality to the fourth power.

Different modes for the boundary conditions.

- Clamped.
- Supported.
- Free.
28.2. A rigid beam on three supports.

Consider an absolutely rigid $E = \infty$ horizontal beam with its ends fixed. Let’s see how the force on the central support changes as a function of height $h$ of this support. For $h < 0$ the force is zero. For $h > 0$ the force is infinite and $h \to 0_-$ and $h \to 0_+$ are very different. So the situation is unphysical. It means that the order of limits first $E \to \infty$ and then $h \to 0$ is wrong. We need to take the limits in the opposite order: first take $h = 0$ and then $E \to \infty$. In this order the limits are well defined. So we need to solve the static horizontal beam on three supports for large, but finite $E$ and then take the limit $E \to \infty$ at the very end, when we already know the solution. Luckily we know how to solve this problem for large $E$!

The beam is of length $L$. The central support has a coordinate $x = 0$ and is at the distance $l_2$ from the left end and at the distance $l_1$ from the right end ($l_1 + l_2 = L$).

The central support exerts a force $F_2$ on the beam. It means that there is a jump in the internal elastic forces at $x = 0$. We then need to consider the shape of the beam to be given by two functions: $Y_L(x)$ and $Y_R(x)$. As all supports are at the same height we must have $Y_L(x = 0) = Y_L(x = -l_2) = Y_R(x = 0) = Y_R(x = l_1) = 0$, so

$$Y_L = -\frac{\rho g}{24EI} x(x + l_2) \left( x^2 + C_L^1 x + C_L^0 \right) \quad \text{for} \quad -l_2 < x < 0$$

$$Y_R = -\frac{\rho g}{24EI} x(x - l_1) \left( x^2 + C_R^1 x + C_R^0 \right) \quad \text{for} \quad 0 < x < l_1$$

First let’s calculate the force $F_2$. It is given by

$$F_2 = -IAE \left( \frac{d^3Y_R}{dx^3} \big|_{x=0} - \frac{d^3Y_L}{dx^3} \big|_{x=0} \right) = -\frac{\rho g A}{4} (C_R^1 - C_L^1 - l_1 - l_2).$$

Check the units.

The boundary conditions are

- The beam is smooth at $x = 0$: $\frac{\partial Y_L}{\partial x} \big|_{x=0} = \frac{\partial Y_R}{\partial x} \big|_{x=0}$,
- The torques on both ends are zero, $\frac{\partial^2 Y_L}{\partial x^2} \big|_{x=-l_2} = \frac{\partial^2 Y_R}{\partial x^2} \big|_{x=l_1} = 0$.
- The torque at $x = 0$ is continuous: $\frac{\partial^2 Y_L}{\partial x^2} \big|_{x=0} = \frac{\partial^2 Y_R}{\partial x^2} \big|_{x=0}$.

We thus have four conditions and four unknowns.

We now see what the boundary conditions give one by one:

- $l_2 C_L^0 = -l_1 C_R^0$.
- $3l_1^2 + 2C_R^1 l_1 + C_R^0 = 0, \quad 3l_2^2 - 2C_L^1 l_2 + C_L^0 = 0$.
- $C_L^0 + l_2 C_L^1 = C_R^0 - l_1 C_R^1$.

These are four linear equation for four unknowns. We only need a combination $C_R^0 - C_L^0$ from them. Solving the equations we find

$$C_R^0 - C_L^0 = -\frac{1}{2} \frac{(l_1 + l_2)^2}{l_1 l_2} = \frac{Mg}{8} \left( 1 + \frac{L^2}{l(L - l)} \right).$$

and hence the force is

$$F_2 = \frac{\rho g A}{8} (l_1 + l_2) \left( 1 + \frac{(l_1 + l_2)^2}{l_1 l_2} \right) = \frac{Mg}{8} \left( 1 + \frac{L^2}{l(L - l)} \right).$$
where $l$ is the distance between the left end and the central support.

After this we find that

$$F_L = \frac{Mg}{8} \left(3 + \frac{l}{L} - \frac{L}{l}\right), \quad F_R = \frac{Mg}{8} \left(3 + \frac{L - l}{L} - \frac{L}{L - l}\right).$$

In particular

- The answer does not depend on $E$! So the limit $E \to \infty$ is well defined!
- If $l = L/2$, we have $F_2 = \frac{5}{8}Mg$, $F_L = F_R = \frac{3}{16}Mg$. The guy at the center carries more than half of the total weight!
- If $l \to 0$ ($l \to L$), then $F_2$ and $F_L$ ($F_R$) diverges. Why?